



Colchester County High School for Girls

Parent Weekly Bulletin

20 May 2022



Term Dates 2021 – 2022

Spring Term

Tuesday 4 January
Friday 1 April

Bank Holiday

Monday 3 January

Half Term

Monday 14 February
Friday 18 February

Summer Term

Tuesday 19 April
Monday 18 July

Bank Holiday

Monday 18 April
Monday 2 May

Half Term

Monday 30 May
Friday 3 June

Non-Pupil Days

Tuesday 19 July
Wednesday 20 July
Thursday 21 July

Term Dates 2022 – 2023

Autumn Term

Thursday 1 September
Tuesday 20 December

Half Term

Monday 24 October
Friday 28 October

Spring Term

Thursday 5 January
Friday 31 March

Half Term

Monday 13 February
Friday 17 February

Summer Term

Monday 17 April
Friday 21 July

Bank Holiday

Monday 1 May

Half Term

Monday 29 May
Friday 2 June

Non-Pupil Days

Thursday 1 September
Friday 2 September
Thursday 20 October
Friday 21 October
Monday 19 December
Tuesday 20 December
Wednesday 19 July
Thursday 20 July
Friday 21 July

Safeguarding: Never Acceptable

to report a concern:

[Click Here to make an Anonymous Report](#)

Link to Whisper an anonymous third-party service for CCHSG

Dates for Your Diary

Monday Week B	May	23	Assembly: Yr 12 via TEAMS Yr 9 Examinations
Tuesday	May	24	Assembly: Yr 10 via TEAMS Yr 9 Examinations
Wednesday	May	25	Assembly: Yr 8 via TEAMS Yr 7 Bushcraft Residential Trip departing 07.00 Yrs 12 & 13 Sixth Form Movie Night Yr 9 Examinations
Thursday	May	26	Yr 7 Bushcraft Residential Trip Yr 9 Examinations
Friday	May	27	Yr 7 Bushcraft Trip returning 16.30 Yr 9 Examinations

VotesforSchools

The topic this week was: Should you go on school trips? Are trips the key to cultural capital in education?

Public Examinations

GCSE and A Level examinations continue in the Sports Hall, H Block the Gym and Hall as well as other classrooms around school during this time.

We ask students to be mindful and considerate of those sitting an examination and remain silent in these areas.

Uniform

A reminder to students to ensure their uniform is correct, particularly jewellery and earrings. For Yrs 7 – 11 one plain stud in the lobe of each ear is acceptable, no diamanté, hoops, nose or helix (upper ear) piercings. For Sixth Form, nose piercings should not be worn in school.

Yr 11 & 13 Returning Textbooks

A reminder students should return textbooks/reading books they are not using to the Library, not to teaching staff. The Librarians can then remove the items separately. Students will not get their Leavers Ball (Yr 13) or Celebration Evening (Yr 11) unless their Library card is clear. Obviously, if a student is still using the books, then they are to hand them into the Library when they are finished with them.

Yr 12 Biology Field Trip Reminder

A reminder to parents and students that the final payment for the Biology fieldtrip to Dorset in September 2022 is due by Monday 4 July. The balance will show on ParentPay as it depends on the deposit initially made. Parents will receive an update on the itinerary later on this term. Any queries they should contact Dr Martin.

Updating Student Sporting Success - Sports Presentation Evening 2022

With the Sports Presentation Evening fast approaching, the PE department are looking for updates on students' sporting success outside of school. If students have competed for the school this academic year, and/ or competes in a sport to a high level outside of school, please complete the online form via [Updating Student Sporting Success](#). Many thanks.

Arrangements for Yr 11

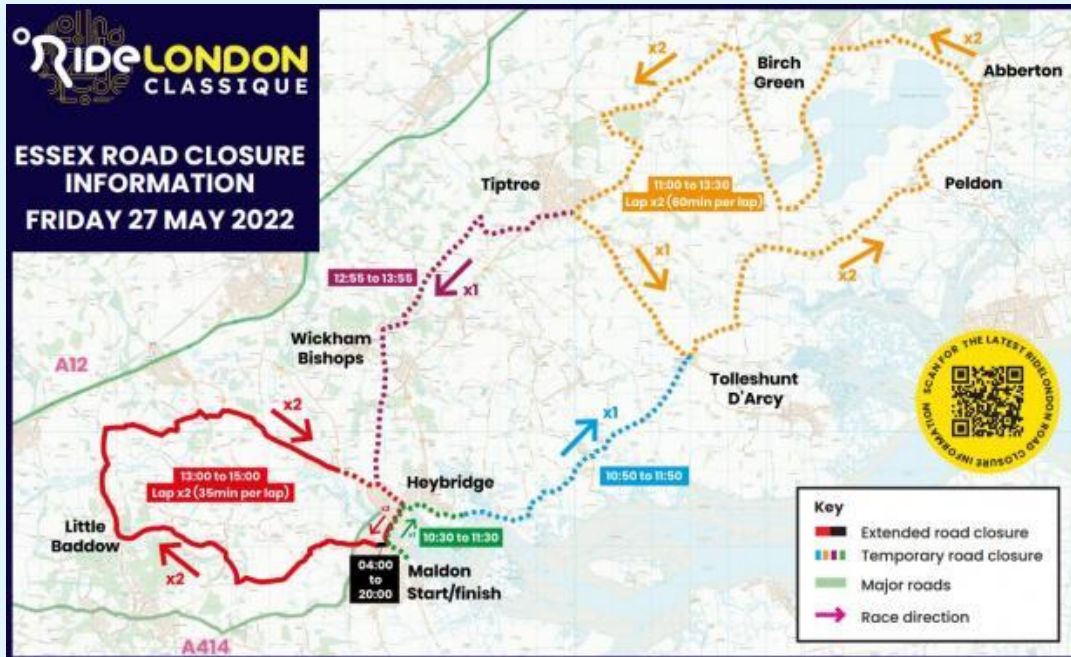
We remind parents of the expectation is that Yr 11 students will be in school fully until Friday 27 May. Teaching staff continue to work hard work planning the remaining lessons, ensuring to include the key element of deliberate practice in the final push towards the examinations.

The Catherine Bullen Foundation Appeal for Cakes!

A reminder of the appeal for the foundation's cake stall at West Mersea Jubilee street fair on 3 June – any contributions welcome! If you are able to help/bake please email the Bullens via rogerbullen409@btinternet.com

Ride London – Potential Road Closures

RideLondon 2022 will be held over three days. The first two days will take place in Essex with **Stage One** starting on Friday 27 May. Due to the nature of the event, there will be some road closures which may disrupt journeys to school. For more information please see Ride London's Website: <https://www.ridelondon.co.uk/road-closures/routes>



There is more information regarding the event in the news article below:

<https://www.maldonandburnhamstandard.co.uk/news/20138882.road-closures-place-ridelondon-classique-maldon/>

Lost Property

Any unnamed lost property that has been handed in since the start of this term, has been photographed and recorded on SharePoint for students to view. We urge them to check to see if anything belongs to them, items can be collected from Reception. **Please ensure all belongings brought into school are named.**

Healthy Living Rotations

Students can access the initial recipes to check ingredients via SharePoint.

Next week the rotation is – **Monday 23 May 7Y Rotation 5 3rd session and Tuesday 24 May 7X Rotation 6 3rd session.** We hope they enjoy their Healthy Living sessions.

PE Success

Fourteen of our students from Yrs 8 – 10 have been selected to represent North-East Essex at the Essex Athletics Championships on Saturday 11 June. Congratulations to all those students and particularly the students in Yr 8 who have recently broken the school records in 100m and shot put and a student in Yr 10 for breaking the school record for 1500m. We wish them every success in the championships

Wellbeing Information

Any student who feels they need wellbeing support, should contact any of the following:

EWMHS: 0800 953 0222

Young Minds: <https://www.youngminds.org.uk/>

Kooth: <https://www.kooth.com/>

Sexual abuse or harassment can also be reported to neveracceptable@cchsg.com or see the anonymous reporting link on the front of the Bulletin.

Childline: 0800 1111 NSPCC: 0808 800 5000

The School Nurse and School Counsellor are available for student appointments.

Careers Information

Careers Lead – Mr Gosling

Impartial Careers Adviser – Mrs Kee

Students can make appointments with Mrs Kee via the sign-up sheet outside of Ms Tarrier's office.

Industry Spotlight, Exploring the Range of Career Opportunities Available Within an Industry – NHS

There are more than 350 careers within the NHS. You could work directly with patients, in hospitals, an ambulance trust, or in the community. They all make a difference to people's lives. The range of roles includes: Ambulance service, estates and facilities, health informatics, healthcare science, management, the wider healthcare team and many more.

If students have an interest in working within the healthcare sector it is well worth taking the time to explore the many options available to find the best fit or a possible back up to a primary option. All these roles will draw on the transferable skills developed within the classroom of; communication, teamwork and problem solving alongside others.

For information on the pay and benefits of different roles please click [here](#).

For more information on the range of careers please click [here](#) to access the NHS careers website.

To answer the NHS careers quiz to find a role that might suit you click [here](#)

Curricular and Enrichment Activities

PE Fixtures

Date	Time	Event	Against	Location	Year(s)
24.05.2022	15.45 – 17.00	Interform Rounders		CCHSG	Yrs 7 & 9
25.05.2022	07.45 – 17.00	Athletics Essex Schools Combined Championships	Various	Brentwood Stadium	
25.05.2022	15.00 – 17.00	Football	Various	St Helena	U16
26.05.2022	15.45 – 17.00	Interform Rounders		CCHSG	Yrs 8 & 10

Students should also check the noticeboard in PE regularly for any updates or changes.

Geography Revision Session

A Level afterschool on Thursdays 15.45 – 16.30 in T2.

GCSE afterschool on Fridays 15.45 – 16.30 in T2.

Students should post in their classes' MS Teams channel any specific topic areas or content they would like to address ahead of the sessions so we can prepare suitable resources.

Yr 12 Biology Revision Sessions

Starting Tuesday 24 May lunchtime revision sessions for Yr 12 Biologists will run every Tuesday and Thursday lunchtime, 12.45 – 13.15 in F13, all welcome bring you lunch. We will be looking at requested revision topics each session to help prepare for the assessment at the end of June.

PsychSoc – Tuesday Lunchtime in G24

PsychSoc has moved to G24 while the examinations take place in H block.

Next week we will discuss the power of persuasion! Are you easily persuaded or can you resist? Students can come along to find out more. All years welcome.

French Grammar Revision Session – Tuesday Lunchtime in G7

Madame Burgess is running a French grammar revision session for Yrs 9 and 10.

Yrs 12 & 13: Young Professionals Conference London – Thursday 7 July 12.00 – 17.00

Young professionals are hosting a careers conference geared towards students interested in Business, Law, Technology, Engineering and Accountancy this event will be packed with some of the world's biggest employers running some great workshops and hosting insightful panel discussions. Goldman Sachs, Google, PwC, and Version 1 will be there to just name a few!

For more information and to book tickets please click [here](#).

Debate Club – Tuesday Lunchtime in T20

All Yrs invited, no need for students to have to attend before.

The topic for next week will be: "This House believes in certain circumstances it is ok to ban books".

Yr 12 Oxbridge Group – Fridays Lunchtime in T20

A reminder that all participating students should be continuing to add to the scholarship spreadsheet on Teams and actively engaging with the resources being collated.



Community Information

Supporting Young People's Mental Health Parent/Carer Workshops May 2022

Norfolk and Suffolk NHS Trust are holding free virtual workshops via Zoom designed to provide up to date advice and guidance for parents and carers to support young people. Please see poster below for more details.

Dining Room Arrangements

Breakfast – 'to go' served between 08.00 – 08.35, accessed via the Dining Hall Extension Doors outside the servery.
Breaktime – Yrs 7-11 need to go to the allocated outside area to eat. Break service 'to go' in Dining Hall.

Pre-orders must be made by 08.30

Please ensure your child's ParentPay meal account is in credit.

[Student Lunch Order](#)

Menu for w/c 23 May

Monday	Tuesday	Wednesday	Thursday	Friday
Chilli con Carne with Rice	Lasagna with Salad	Pizza, Chips & Salad	Breaded Chicken with potato Wedges & Sweetcorn	Breaded Cod with Sauté Potatoes & Green Beans
Or				
Mediterranean Pasta Salad (Vegan)	Vegetable Chilli with Rice (Vegan)	Macaroni Cheese with Peas	Mushroom Stroganoff with Rice	Quiche with Salad
Main Meal £3				
Chocolate Sponge with Chocolate Sauce	Apple Crumble with Custard	Cheesecake	Pancakes	Cornflake Tart with Custard
Pudding £1.20				
Panini £3				
Soup of the Day (changes daily) £0.60 with Homemade Bread £0.40				
Vegetable (Vegan)	Tomato & Lentil (Vegan)	Leek & Potato (Vegan)	Tomato & Basil	Minestrone (Vegan)

Correspondence Sent out this Week

- Yr 7: Information for Student Not Attending the Bushcraft Trip (selected students)
- Yr 9: DofE Bronze Group A Qualifying Expedition
- Yr 9: DofE Bronze Group B Qualifying Expedition
- Yr 10: DofE Bronze Group A Qualifying Expedition
- Yr 10: DofE Bronze Group B Qualifying Expedition
- Yr 11: Celebration Evening
- Yr 12: Request for Review of Curriculum (selected students)
- Yr 13: Leavers' Ball

Deadline for Replies and Payments

Year Group	Trip or Event	Deadline for Response
Yr 8	Essex Outdoors Mersea Activity Day	Monday 6 June
Yr 9	DofE Bronze Group A Qualifying Expedition	Friday 27 May
Yr 9	DofE Bronze Group B Qualifying Expedition	Friday 27 May
Yr 10	DofE Bronze Group A Qualifying Expedition	Friday 17 June
Yr 10	DofE Bronze Group B Qualifying Expedition	Friday 17 June
Yr 10	Purchase of Science Revision Guides	Monday 6 June
Yr 11	Celebration Evening	Friday 27 May
Yr 12	A Level Mathematics Revision Guides	Monday 6 June
Yr 12	Biology Fieldtrip to Dorset final payment	Monday 4 July
Yr 12	Request for Review of Curriculum	Tuesday 24 May
Yr 13	Leavers' Ball	Tuesday 24 May

Word of the Week for w/c 23 May

Next week the word is: **TRAVESTY** – a literary or artistic burlesque of a serious work or subject, characterised by grotesque or ludicrous incongruity of style, treatment or subject matter.



1. Summer & Autumn Term Dates for Your Diary

- PTFA Meeting: Monday 13 June (*revised date*), 19.30 – 21.00 in CCHSG Dining Hall (*Meeting agenda attached to last week's bulletin*)
- Summer Term Nearly New Uniform & Books Sale: Thursday 7 July (*Further details in Item 5 below*).
- Annual Christmas Market: Saturday 26 November, 12.00 – 15.00
Save the date for this popular annual fundraising event hosted by CCHSG PTFA which is open to our local community.

Note: All planned PTFA events are continually reviewed and where necessary changes will be made in response to the latest government guidance.

2. Everest Base Camp Challenge fundraiser by CCHSG Parent – over £1,600 raised so far!

Mr Gowrishankar Jegadeeswaran, parent of a Year 8 student from CCHSG, has completed the huge challenge of trekking to Everest Base Camp in the Himalayas in Nepal. He returned home on 15 May. He has already raised over £1,600 for CCHSG PTFA.

If you would like to donate, you can do so via the following link: <https://gofund.me/f371cff1>
The donation site will close on 22 May.

We congratulate Mr Gowrishankar on completing the challenge and thank him for choosing to raise funds in support of our CCHSG PTFA.

3. Annual Christmas Market 2022 – Invitation to stallholders

Bookings are now open for stalls at this very popular annual event, open to the school community and public, to be held on Saturday 26 November, 12.00 – 15.00.

Cost: Single stall £25, Double stalls £40.

For further details and a copy of the booking form please email cchsgptfa@gmail.com

4. Beresfords Estate Agent's Advertising Boards to Promote the Christmas Market

We are delighted that Beresfords Estate Agents have once again agreed to promote our Christmas Market which will be held on Saturday 26 November. We will be back in touch with all those parents, grandparents and friends who previously registered their addresses in Colchester to confirm that they are happy to host a board again this year. This time, we are pleased that the advertising will also cover Chelmsford. If you own a property in Colchester or Chelmsford which is in a prominent location with public access or visibility and would like to volunteer your address, please let us know. Boards are installed no more than three weeks before the event and removed during the week afterwards. Family and friends can also volunteer.

Contact: Agness O'Brien on Classlist or email cchsgptfa@gmail.com with your full address, email address, contact telephone number and preferred location for installation of the advertising board at your property (e.g. front lawn, etc.)

5. Summer Term Nearly New Uniform and Books Sale – Thursday 7 July

16.00 – 17.00 – current Years 7-10

17.00 – 20.00 – new Year 7 students (September 2022 intake) only

6. Appeal for Nearly New Uniform & Revision Book Donations

Please continue to support us with donations of uniform and revision books from 11+, SATs, GCSE and A Level. Please ask students to deposit items in the wheelie bins outside the reception. Thank you in advance for responding to this appeal.

Volunteering opportunities for the above sale are now open - could you help?

The sign-up link to help is <https://volunteersignup.org/TJPJT>

7. Classlist – Community Liaison Officers (Class Reps) Needed!

The PTFA is seeking to recruit motivated and friendly parents to join our well-established and exciting team. The successful candidates will be expected to develop and provide positive links between parents and the PTFA to develop the home/school partnership.

Two representatives are needed for each Form Group in Years 7-9. Please register your interest with us via email at cchsgptfa@gmail.com

PTFA CONTACTS: For all enquires related to PTFA email cchsgptfa@gmail.com

Extracurricular Clubs and Activities – Summer Term 2022

Monday	Tuesday	Wednesday	Thursday	Friday
Lunchtime				
History Revision SSA Yr 11 in T20	Debate Club IPZ Yr 13 in T20	Chess Club (Wk A) EGL Yrs 7&8 in M6	GeogSoc JKI Yr 12 in T2	Italian Club VGR Yr 7 in T11
Mechanics (Wk B) SBR Yr 13 in M10	German Club JLendzion Yr 8 in T14	Mathematics Surgery BRO & MKI All Yrs in M10	Creative Writing Club ASI & SWA, All Yrs in F14	History of Mathematics PBU Yr 9 in M8
Additional Mathematics (Wk A) MKI Yr 11 in M7	Oxbridge Physics TAD Yr 12 in G2	Additional Mathematics (Wk B) EGL Yr 11 in M9	MedSoc All Yrs F13	VetSoc All Yrs in F13
Pi Club DGO Yrs 7-11 in M8	Programming (Basic to Intermediate) MWH Yrs 9-13 in T17	Mathematics Intervention DWI Yr 12 in M11	History Film Club IPZ All Yrs in T20	Physics Olympiad (Wk A) IMI Yrs 9&10 in G1
French Club LBoutellier All Yrs in T13	A Level Mathematics Revision BRO, Yr 13 in M10	Guitar & Ukulele Group GClark All Yrs in M2	Concert Orchestra FJE All Yrs in M2	Physics Club (Wk B) TAD All Yrs in G2
The Bluebirds FJE Yrs 7&8 in M2	Senior Choir FJE Yrs 9-13 in M2	Kazoo Club FJE All Yrs in M12	Homework, GMetrix T4	A Level Mathematics Support DGO Yr 13 in M10
Boomwhacker Club FJE Yrs 9-13 in M12	PsychSoc KPH, All Yrs in H4	Programming (Advanced) MWH Yrs 9-13 in T17	Programming (All Levels) MWH Yrs 7&8 in T17	French Bilingual Club LBoutellier Yrs 7&8 in T14
Art Club TAL, All Yrs in G26/G27	Homework, GMetrix T4	Homework, GMetrix T4		Oxbridge IPZ Yr 12 in T20
FemSoc (Wk B) VWI All Yrs in G24	French Grammar Revision MBU Yrs 9 & 10 in G7			Strictly Strings KWaterworth All Yrs in M2
Problem Solving SBR Yr 12 in M10				Flutissimo FJE All Yrs in M19
				Retro Gaming CNA All Yrs, in T4
After School				
	Study Support CNA & MWH All Yrs in T4	Dungeons & Dragons Club JST & KLA All Yrs in the Library	Computing Extended Learning & Competitions CNA & MWH All Yrs in T4	
		English for Obsessives EDA All Yrs via MS Teams		

Supporting young people's mental health Parent/carer workshops May 2022

These free virtual workshops (Zoom) are designed to provide up to date advice and guidance on how parents and carers can support the young people in their life.

The workshops are 60-minutes long and will be recorded so anyone unable to attend can watch the workshop.

Supporting your child to attend or get back to school

23rd May – 13:00 and 18:00

This workshop will focus on supporting parents to help their young people in attending or getting back into school, and will help to develop an understanding of school avoidance for parents, and provide strategies that can be used to help our young people feel confident in re-engaging with school.

[Book a place for 23 May 13:00](#)

[Book a place for 23 May 18:00](#)

Supporting young people to manage uncertainty

24 May - 18:00

Life is unpredictable which can result in feelings of uncertainty and worry, especially in our young people. This workshop will emphasise the importance of being able to tolerate uncertainty and how parents can support their young people to do this. We will also discuss practical strategies to cope with difficult emotions associated with uncertainty, such as worry, to enable our young people to get more out of life.

[Book a place](#)

Supporting young people with anxiety

24 May – 19:15

This workshop is for parents of school aged children to help them understand anxiety better. The session covers: what is anxiety, why anxiety, how it effects the brain, how it effects the body, how it impacts on what we do and don't do and how parents can support their children/adolescents who might be struggling with anxiety.

[Book a place](#)

Scan the QR code to find out more and book a place on a workshop or visit www.eventbrite.co.uk and search for Psychology in Schools Team - NSFT



Working together
for better mental health