



Colchester County High School for Girls

Parent Weekly Bulletin

29 April 2022



Term Dates 2021 – 2022

Spring Term

Tuesday 4 January
Friday 1 April

Bank Holiday

Monday 3 January

Half Term

Monday 14 February
Friday 18 February

Summer Term

Tuesday 19 April
Monday 18 July

Bank Holiday

Monday 18 April
Monday 2 May

Half Term

Monday 30 May
Friday 3 June

Non-Pupil Days

Tuesday 19 July
Wednesday 20 July
Thursday 21 July

Term Dates 2022 – 2023

Autumn Term

Thursday 1 September
Tuesday 20 December

Half Term

Monday 24 October
Friday 28 October

Spring Term

Thursday 5 January
Friday 31 March

Half Term

Monday 13 February
Friday 17 February

Summer Term

Monday 17 April
Friday 21 July

Bank Holiday

Monday 1 May

Half Term

Monday 29 May
Friday 2 June

Non-Pupil Days

Thursday 1 September
Friday 2 September
Thursday 20 October
Friday 21 October
Monday 19 December
Tuesday 20 December
Wednesday 19 July
Thursday 20 July
Friday 21 July

Safeguarding: Never Acceptable

to report a concern:

[Click Here to make an Anonymous Report](#)

Link to Whisper an anonymous third-party service for CCHSG

Dates for Your Diary

Saturday	Apr	30	Yr 9 DofE Bronze Group A Training Day 09.00 – 17.00
Monday Week A	May	2	BANK HOLIDAY
Tuesday	May	3	Assembly: Yr 11 in the Hall Yr 8 KS4 Preferences Deadline Yr 10 DofE Bronze Group B 15.45 – 17.30 Yr 12 Reports to Parents Yr 13 A Level German Speaking Assessments DofE Gold 15.45 – 18.30
Wednesday	May	4	Assembly: Yr 7 in the Hall Yr 9 Computing Matrix Day 9C, 9O & ½ of 9L Yr 10 Jack Petchey Speak Out Challenge Regional Heat Yr 11 GCSE PE Revision Webinar 16.00 – 17.30 Fair Access Programme 16.00 – 17.00
Thursday	May	5	Assembly: Yr 9 in the Hall Yr 9 Computing Matrix Day 9H, 9E & ½ of 9L Yr 13 A Level PE Revision Webinar 16.00 – 17.30
Friday	May	6	Yr 9 DofE Bronze Group B 15.45 – 17.30 Yr 13 A Level French Speaking Assessments
Saturday	May	7	Yr 9 DofE Bronze Group B Training Day

'Living with Covid' at CCHSG

Students who are unwell and have a high temperature should stay at home and avoid contact with other people. They can return to school when they no longer have a high temperature and are well enough to attend.

Students with a positive Covid-19 test result should stay at home and avoid contact with other people for 5 days, which is when they are most infectious.

For those aged 18 and under, the advice is for 3 days of no contact with other people.

Yrs 9 – 13 Photograph Consent Form Reminder

A reminder to return the 2022 photograph consent form to Reception if this has not already been done so. These were sent out electronically, but students can collect a hard copy of the form Reception if needed. Thank you.

Yr 9 Diphtheria, Tetanus & Polio and Meningitis ACWY20 Consent Reminder

A reminder to complete the online consent via the link in the letter from Essex Partnership University Trust Immunisation Service sent on Friday 25 March. If you have any questions please contact the immunisation service via 0300 790 0597. Please do not contact the school, as the vaccinations are organised by the immunisation service, we will be unable to help.

The vaccinations will take place on Monday 9 May.

Yr 8 KS4 Preferences Deadline – Tuesday 3 May

Further to the information provided at the Key Stage 4 Curriculum Evening earlier in the year, parents have been sent the link to complete the Key Stage 4 Courses Form 2022-2025.

The electronic copy of the KS4 Curriculum Guide Booklet can be found on our website ([link](#)) and the presentation can be found [here](#)

Yr 13 A Level Language Speaking Assessments

The German assessment will take place on Tuesday 3 May in G8 and the meeting room. The French assessment will take place on Friday 6 May in H3 and H4. We wish the students taking an assessment every success.

IT Apprentice Position

We are currently advertising for an IT Apprentice. If you know anyone who might be interested, please direct them to the CCHSG website or forward the link:

<https://www.findapprenticeship.service.gov.uk/apprenticeship/1000039324>



Yr 9 Computer Science Matrix Days – Wednesday 4 May and Thursday 5 May

Students will be off timetable: 9C, 9O and half of 9L on Wednesday and 9H, 9E and half of 9L on Thursday in T4, T7 and T17.

The day will follow the normal school timings so students should attend their designated Computer Room after Registration, Form Tutors will have informed the students which group and room they are in. Students need to have a pen, further instruction will be given on the day.

Yrs 7-9 Amber Atherton Enterprise Award

Students were provided the opportunity to independently develop a social enterprise business proposal and enter a 'Dragon's Den' style contest. There were 9 finalist groups and we are delighted to announce the winners were:

1st Place: Eco friends

2nd Place: Love to Learn

3rd Place: Hope

The judges chosen awards for highly commended went to KALM for best social enterprise concept and Team Green for best presentation. Students made an excellent contribution in developing social enterprise business proposals which they presented to a very high standard. We would also like to thank the judges and Amber Atherton for supporting this exciting event.

Lost Property

Any unnamed lost property that has been handed in since the start of this term, has been photographed and recorded on SharePoint for students to view. We urge them to check to see if anything belongs to them, items can be collected from Reception. **Please ensure all belongings brought into school are named.**

Healthy Living Rotations

Students can access the initial recipes to check ingredients via SharePoint.

Next week the rotation is – **Tuesday 3 May 8X Rotation 6** first session.

We hope they enjoy their Healthy Living sessions.

e-Safety Information – What Parents Need to Know about the Ofcom Children and Parents: Media Use and Attitudes Report 2022

Ofcom's annual 'Children and Parents: Media Use and Attitudes' report offers a detailed rundown of how young people used and experienced the internet during the previous year.

Click [here](#) to access the full report

Like its immediate predecessor, the 2022 edition will be particularly revealing because its findings again reflect the continuing impact of the pandemic on young people's online activities. Please see below an additional infographic guide to help you make use of the report and understand how it affect you and your family.

In the guide, you will find statistics including the percentage of young people who own a mobile phone (and at which ages), the most-used platforms by children in 2021, and the main online safety concerns of parents and carers.

Wellbeing Information

Any student who feels they need wellbeing support, should contact any of the following:

EWMHS: 0800 953 0222

Young Minds: <https://www.youngminds.org.uk/>

Kooth: <https://www.kooth.com/>

Sexual abuse or harassment can also be reported to neveracceptable@cchsg.com or see the anonymous reporting link on the front of the Bulletin.

Childline: 0800 1111 NSPCC: 0808 800 5000

The School Nurse and School Counsellor are available for student appointments.

Curricular and Enrichment Activities

Extra-Curricular Clubs and Activities – Sumer Term 2022

Please find the timetable below.

PE Fixtures

Date	Time	Event	Against	Location	Year(s)
04.05.2022	15.00 - 17.00	Athletics	Various	CRGS	Yr 7
04.05.2022	15.00 – 17.30	Football	St Helena	Away	Yr 7
04.05.2022	08.15 – 16.00	Athletics	Various	Lee Valley	Yrs 10 & 11
04.05.2022	16.00 – 17.30	GCSE PE Revision Webinar		H3	Yr 11
05.05.2022	15.45 – 17.00	Swimming Gala	Various	Home	Yrs 7 – 9
05.05.2022	15.45 – 17.00	Athletics	Various	CRGS	Yr 10
05.05.2022	16.00 – 17.30	A Level PE Revision Webinar		H3	Yr 13

Students should also check the noticeboard in PE regularly for any updates or changes.

Yr 13 A Level Biology Revision – **Tuesday 3 May (not Wednesday this week!) 12.15 – 13.15 in F13**

These will continue each week on Wednesday, picking up a different topic/skill. Next week we will be looking at past paper questions, all welcome.

Yr 11 GCSE Biology Revision – **Thursdays 12.45 – 13.15 in F13**

These will continue each week on Thursdays, picking up a different topic/skill. Students are welcome to bring their lunch. Next week we will be looking at 6-mark questions, all welcome.

Yr 11 GCSE History Revision

Weekly revision sessions for Yr 11 History students continue every Monday in T21 from 12.45 (students are welcome to bring their lunch). Each week will focus on a different examination question and therefore all History students are encouraged to attend.

Geography Revision Session

A Level afterschool on Thursdays 15.45 – 16.30 in T2.

GCSE afterschool on Fridays 15.45 – 16.30 in T2.

Students should post in their classes' MS Teams channel any specific topic areas or content they would like to address ahead of the sessions so we can prepare suitable resources.

MedSoc – **Wednesday 4 May, 12.45 – 13.20 in F13**

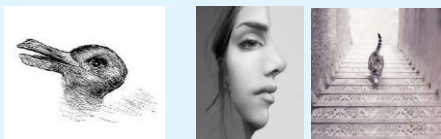
We are very lucky to have a talk from a local surgeon, Mr Vasudevan, who specialises in robotic surgery, using the Da Vinci system. This is an amazing opportunity to hear about advances in surgery. All Yrs welcome and will be of interest to anyone thinking of a career within healthcare, not just medicine. Students can bring their lunch.

VetSoc Talk – **Friday 6 May, Lunchtime in F13**

VetSoc are delighted to have Chris Hobson from the Royal Veterinary College, London (RVC) coming in to give a talk on being a Vet and the Veterinary Medicine course at the RVC. All students interested are welcome!

Yrs 9- 13 PsychSoc – **Tuesday Lunchtime in H4**

Students should come along to see some visual illusions and find out why we are susceptible to them. Here are some to think about, can you see two different images in the same picture? Why can we not see both images at the same time? Students can find out the answer at PsychSoc.



Debate Club – **Tuesday Lunchtime in T20**

The topic for next week will be: "This house believes police should not be allowed in schools."

Young Writers Competition: **Empowered**

Young Writers' poetry competition *Empowered* is an opportunity for student to get their voice heard. From current affairs, religion and identity to love, loss and everything in-between, they can use this platform to express themselves. Choosing from haikus, acrostics or odes, using rhyme or free verse, what will inspire students to speak up? Students should ask their English teacher for an entry form, deadline for entries: **Friday 20 May**.

CCHSG Book of the Month

May's book is *To Kill A Mocking Bird* by Harper Lee, please see poster below for more details about the book. In addition, students are encouraged to write a review of the book and email it to Mrs Croxson ccroxson@cchsg.com by Friday 27 May.

Careers Information

Careers Lead – Mr Gosling

Impartial Careers Adviser – Mrs Kee

Students can make appointments with Mrs Kee via the sign-up sheet outside of Ms Tarrier's office.

Labour Market Information

Support and advice is available in school by booking a 1:1 appointment with our independent careers advisor – please see above.

Fastest growing industries:

1. Information Technology

The information technology sector comprises of software and hardware companies, plus Internet or related service providers. According to data for the UK's Digital Economy Council, the number of advertised tech roles is 42% higher than pre-pandemic levels and tech and IT-related vacancies make up 13% of job vacancies.

2. Home Furnishings

With more people than ever now working from home, sales of homeware and soft furnishings have soared. Careers in this sector include interior design, furniture production and home furnishings sales.

3. Sports Clothing and Equipment

The sports clothing and equipment industry provides career opportunities in everything from manufacturing to marketing and a community cycling coach to a sport and exercise technician.

4. Green Manufacturing and Energy

The green manufacturing sector includes everything from wind turbines to solar panels and heat source pumps.

Examples of jobs in this sector include working as a renewable energy analyst, a senior marine advisor, or a role selling solar panels.

Information from indeed.com. The full article can be accessed [here](#).

Dining Room Arrangements

Breakfast – 'to go' served between 08.00 – 08.35, accessed via the Dining Hall Extension Doors outside the servery.

Breaktime – Yrs 7-11 need to go to the allocated outside area to eat. Break service 'to go' in Dining Hall.

Pre-orders must be made by 08.30

Please ensure your child's ParentPay meal account is in credit.

[Student Lunch Order](#)

[Sixth Form Lunch Order](#)

Menu for w/c 2 May

Monday	Tuesday	Wednesday	Thursday	Friday
Bank Holiday	Chili con Carne with Rice	Pizza, Chips & Salad	Sticky Chinese Chicken with Rice & Sweetcorn	Pan Fried Salmon with Sauté Potatoes and Green Beans
Or				
Bank Holiday	Cheese & Tomato Pasta Salad	Macaroni Cheese with Peas	Vegetable Pasta Salad (Vegan)	Gnocchi in Tomato Sauce (Vegan)
Main Meal £3				
Bank Holiday	Apple Crumble with Custard	Profiteroles with Chocolate Sauce	Chocolate Mousse	Cheesecake
Pudding £1.20				
Panini £3				
Soup of the Day (changes daily) £0.60 with Homemade Bread £0.40				
Bank Holiday	Tomato & Basil	Leek & Potato (Vegan)	Minestrone (Vegan)	Vegetable (Vegan)



Community Information

RSE Workshop for Parents

Brook (the UK's largest young people's sexual health charity) have created Relationship and Sex Education workshops especially for Essex parents and carers, providing a comprehensive overview of the information that parents need to know to be able to talk to young people about their sexual health

For Primary School Aged Children – 16 May and 18 July 18.00 – 19.30. To book click [here](#) (May), [here](#) (July)

For Secondary School Aged Children – 19 May and 21 July 18.00 – 19.30. To book click [here](#) (May), [here](#) (July)

Colchester Junior Chess Club - Sunday 29 May, 09.00 – 17.00

Are organising a chess tournament in Colchester at Prettygate Junior School. The tournament will be graded in the English Chess Federation (ECF). We are passing on this information to any students who play chess and are interested in participating in the event. For further information and to register to take part please see the tournament website:

<https://www.colchesterjrchess.org/event-details/colchester-junior-chess-event-1>

Correspondence Sent out this Week

All Yrs: Student Safety Information

All Yrs: PTFA Everest Base Camp Trek Challenge Fundraiser

All Yrs: Jack Petchey Awards Presentation Evening (selected students)

Yr 7: Bushcraft Residential Trip Information

Yr 8: Key Stage 4 Courses Form 2022-2025

Deadline for Replies and Payments

Year Group	Trip or Event	Deadline for Response
All Yrs	Jack Petchey Awards Presentation Evening	Friday 29 April
Yr 7	Payment for Bushcraft Residential Trip	Friday 29 April
Yr 8	Key Stage 4 Courses Form 2022-2025	Tuesday 3 May
Yr 9	DTP and Meningitis Immunisation	Friday 6 May

Word of the Week for w/c 2 May

Next week the word is: **CALIBRATE** – to determine, check or rectify the graduation of any instrument giving quantitative measurements.



1. Summer & Autumn Term Dates for Your Diary

- **PTFA Meeting:** Monday 6 June, 19.30 – 21.00 in the Dining Hall at CCHSG
- **Summer Term Nearly New Uniform & Books Sale:** July – date to be confirmed
- **Annual Christmas Market:** Saturday 26 November, 12.00 – 15.00
Save the date for this popular annual fundraising event hosted by CCHSG PTFA which is open to our local community

Note: All planned PTFA events are continually reviewed and where necessary changes will be made in response to the latest government guidance.

2. Everest Base Camp Challenge fundraiser by CCHSG Parent

We are delighted to announce that Mr Gowrishankar Jegadeeswaran, parent of a Yr 8 student, will be taking up a huge challenge to trek Everest Base Camp in the Himalayas in Nepal from Sunday 1 May – Sunday 15 May to raise funds for Colchester County High School for Girls PTFA. This is a fully self-funded trek and all the money raised will go towards our charity, CCHSG PTFA. Every donation will help us to continue supporting the school by providing additional resources for our students.

If you would like to donate, you can do so via the following link: <https://gofund.me/f371cff1>

If you are a UK taxpayer, please remember to gift-aid your donation. We are very grateful for any support for Mr Gowrishankar's efforts and thank you in advance for your contribution.

We wish Mr Gowrishankar all the very best in his Everest Base Camp Trek.

3. Annual Christmas Market 2022 – Invitation to stallholders

Bookings are now open for stalls at this very popular annual event, open to the school community and general public, to be held on Saturday 26 November, 12.00 – 15.00.

Cost: Single stall £25, Double stalls £40.

For further details and a copy of the booking form please email cchsgptfa@gmail.com

4. Beresfords Estate Agent's Advertising Boards to Promote The Christmas Market

We are delighted that Beresfords Estate Agents have once again agreed to promote our Christmas Market which will be held on Saturday 26 November. We will be back in touch with all those parents, grandparents and friends who previously registered their addresses in Colchester to confirm that they are happy to host a board again this year. This time, we are pleased that the advertising will also cover **Chelmsford**. If you own a property in **Colchester or Chelmsford** which is in a prominent location with public access or visibility and would like to volunteer your address, please let us know. Boards are installed no more than three weeks before the event and removed during the week afterwards. Family and friends can also volunteer.

Contact: Agness O'Brien on Classlist or email cchsgptfa@gmail.com with your full address, email address, contact telephone number and preferred location for installation of the advertising board at your property (e.g. front lawn, etc.)

5. Appeal for Nearly New Uniform & Revision Book Donations

Our next Nearly New Uniform Sale will take place in July. Please continue to support us with donations of uniform and revision books from 11 Plus, SATs, GCSE & A-level. Please ask students to deposit items in the wheelie bins outside the reception. Thank you in advance for responding to this appeal.

6. Classlist – Community Liaison Officers (Class Reps) needed!

The PTFA is seeking to recruit motivated and friendly parents to join our well-established and exciting team. The successful candidates will be expected to develop and provide positive links between parents and the PTFA to develop the home/school partnership. You also need to enjoy social gatherings.

Pay: £0

Pension: £0

Benefits: Immeasurable

Hours: Negotiable

Anyone can apply – no prior experience required!

Two representatives are needed for each Form Group in Years 7-9. Please register your interest with us via email at cchsgptfa@gmail.com

PTFA CONTACTS: For all enquires related to PTFA email cchsgptfa@gmail.com

Extra-Curricular Clubs and Activities – Sumer Term 2022

Monday	Tuesday	Wednesday	Thursday	Friday
Lunchtime				
History Revision SSA Yr 11 in T20	Debate Club IPZ Yr 13 in T20	Chess Club (Wk A) EGL Yrs 7&8 in M6	GeogSoc JKI Yr 12 in T2	Italian Club VGR Yr 7 in T11
Mechanics (Wk B) SBR Yr 13 in M10	German Club JLendzion Yr 8 in T14	Mathematics Surgery BRO & MKI All Yrs in M10	Creative Writing Club ASI & SWA, All Yrs in F14	History of Mathematics PBU Yr 9 in M8
Additional Mathematics (Wk A) MKI Yr 11 in M7	Oxbridge Physics TAD Yr 12 in G2	Additional Mathematics (Wk B) EGL Yr 11 in M9	MedSoc All Yrs F13	Problem Solving SBR Yr 12 in M9
Pi Club DGO Yrs 7-11 in M8	Programming (Basic to Intermediate) MWH Yrs 9-13 in T17	Mathematics Intervention DWI Yr 12 in M11	History Film Club IPZ All Yrs in T20	VetSoc All Yrs in F13
French Club LBoutellier All Yrs in T13	A Level Mathematics Revision BRO, Yr 13 in M10			Physics Olympiad (Wk A) IMI Yrs 9&10 in G1
				Physics Club (Wk B) TAD All Yrs in G2
				A Level Mathematics Support DGO Yr 13 in M10
				French Bilingual Club LBoutellier Yrs 7&8 in T14
				Oxbridge IPZ Yr 12 in T20
After School				
		Dungeons & Dragons Club JST & KLA All Yrs in the Library		
		English for Obsessives EDA All Yrs via MS Teams		

The CCHSG Book Of The Month May

To Kill A Mocking-Bird Harper Lee

A CCHSG Challengebook

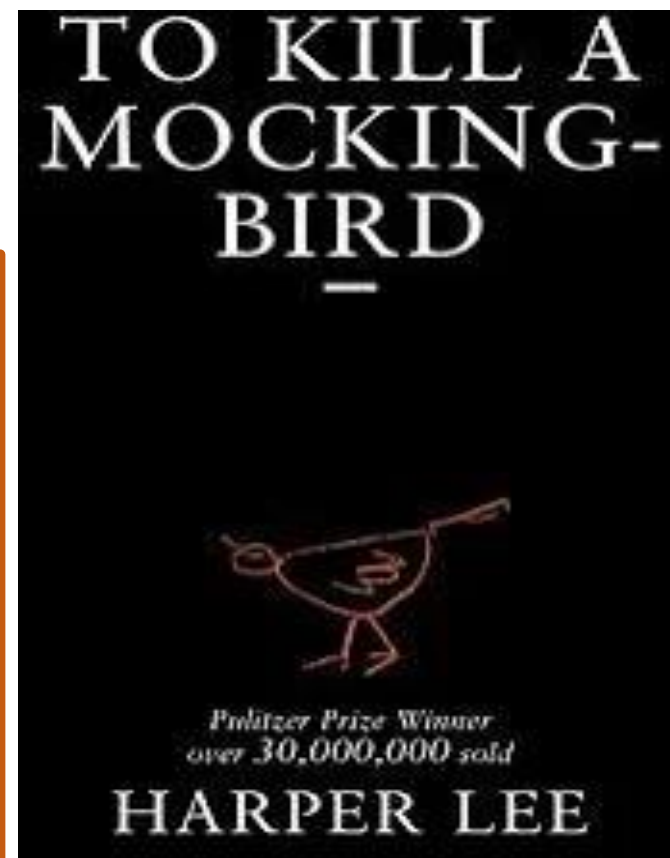
Lawyer Atticus Finch gives this advice to his children as he defends the real mockingbird of Harper Lee's classic novel - a black man charged with the sexual assault of a white girl.

Through the young eyes of Scout and Jem Finch, Harper Lee explores with exuberant humour the irrationality of adult attitudes to race and class in the Deep South of the 1930s.

The conscience of a town steeped in prejudice, violence and hypocrisy is pricked by the stamina of one man's struggle for justice.

But the weight of history will only tolerate so much...

A benchmark of classic American literature, *To Kill A Mockingbird* approaches the highly sensitive topic of racism in 1930s America with humour, warmth and compassion, making it widely recognised as one of the best books of the twentieth century and in American literature.



In addition to this, you are encouraged to write a review and email it to Mrs Croxson ccroxson@cchsg.com by the last Friday of each month.



CHRISTMAS

Market

**FREE
ENTRY**

2022

SATURDAY 26 NOVEMBER

12 NOON - 3 PM

Books - Christmas Crafts - Games - Gift Ideas
Games & Prizes - Produce Stalls - Curries & Snacks
Coffee & Cakes - Live Christmas Music
and much more!

Why not join us for lunch?

COLCHESTER COUNTY HIGH SCHOOL FOR GIRLS
Norman Way, Colchester, CO3 3US



cchsgptfa@gmail.com



Colchester Teacher
Training Consortium



Open Evening

Thurs 5 May

held at Colchester County High School for Girls,
Norman Way, Colchester, CO3 3US

5 - 7 pm



Outstanding primary & secondary
graduate teacher training in Essex & Suffolk

See Website or scan QR to Book

www.colchesterttc.org.uk

01206 364728 | enquiries@colchesterttc.org.uk



What Parents & Carers Need to Know about THE OFCOM CHILDREN AND PARENTS: MEDIA USE AND ATTITUDES REPORT 2022

ONLINE LIFE

99% of children went online in 2021

Who owns a mobile phone?

24%

of 3 to 7-year-olds

60%

of 8 to 11-year-olds

98%

of 12 to 17-year-olds

GAMING AMONG CHILDREN

18% of 3-4s **38%** of 5-7s **69%** of 8-11s
76% of 12-15s **73%** of 16-17s

ONLINE SAFETY

42% of parents knew the minimum age requirement for using social media

90% of parents had high awareness of parental tools and controls, but only **70%** use them

89% of children got online safety guidance from parents

69% of children got online safety guidance from teachers

ONLINE BULLYING

4 in 10 children were bullied. How many of them were bullied online?

74% of 8-11s

92% of 12-15s

84% of 16-17s

FAKE NEWS

NEWS

Save the Tree Octopus!

72% of teens said they could tell real from fake - but in tests, **only 11%** chose reliable identifiers that a post was genuine.



PARENTAL CONCERNS

4 in 10 parents were concerned about their child's screen time

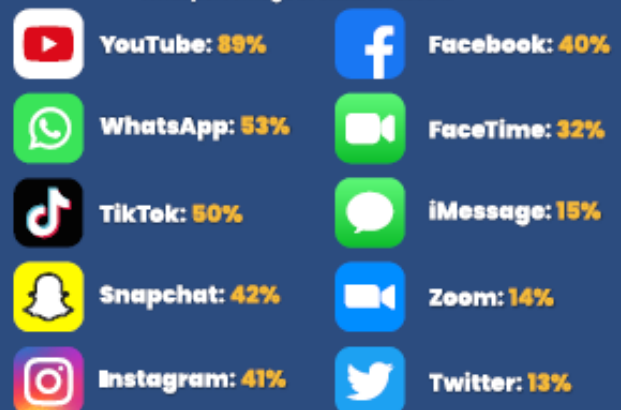
7 in 10 were concerned about age-inappropriate content

6 in 10 were concerned about content promoting self-harm

5 in 10 were concerned about extremist content online

POPULAR PLATFORMS

What percentage of children used ...



SOCIAL MEDIA AND LIVE STREAMING

Age groups	Children who use live streaming apps	Children who use social media
3 to 4-year-olds	32%	21%
5 to 7-year-olds	38%	33%
8 to 11-year-olds	54%	64%
12 to 15-year-olds	73%	91%
16 to 17-year-olds	78%	87%

NOS National Online Safety®
#WakeUpWednesday

Source: <https://www.ofcom.gov.uk/data/research/pdf/0042428/children-media-use-and-attitudes-report-022.pdf>