



# Colchester County High School for Girls

## Parent Weekly Bulletin

### 26 March 2021



#### Term Dates 2020 – 2021

##### Spring Term

Monday 4 January  
Friday 26 March

##### Half Term

Monday 15 February  
Friday 19 February

##### Summer Term

Monday 12 April  
Wednesday 21 July

##### Bank Holiday

Monday 3 May

##### Half Term

Monday 31 May  
Friday 4 June

##### Non-Pupil Days

Wednesday 2 September 2020  
Thursday 22 October 2020  
Friday 23 October 2020  
Friday 18 December 2020  
Monday 19 July 2021

##### Academy Days

Tuesday 20 July 2021  
Wednesday 21 July 2021

#### Term Dates 2021 – 2022

##### Autumn Term

Wednesday 1 September  
Friday 17 December

##### Half Term

Monday 25 October  
Friday 29 October

##### Spring Term

Tuesday 4 January  
Friday 1 April

##### Bank Holiday

Monday 3 January

##### Half Term

Monday 14 February  
Friday 18 February

##### Summer Term

Tuesday 19 April  
Friday 22 July

##### Bank Holiday

Monday 18 April  
Monday 2 May

##### Half Term

Monday 30 May  
Friday 3 June

##### Non-Pupil Days

Wednesday 1 September  
Thursday 2 September  
Thursday 21 October  
Friday 22 October  
Friday 17 December  
Tuesday 4 January  
Thursday 21 July  
Friday 22 July

**WE WISH ALL STUDENTS AND THEIR FAMILIES A RESTFUL EASTER BREAK  
THANK YOU FOR ALL YOUR SUPPORT THIS TERM**

#### Dates for Your Diary

Monday Week A	Apr	12	<b>First Day of Term</b> Assembly: Yr 12 Yr 13 Assessment Week 1
Tuesday	Apr	13	Assembly: Yrs 10 & 11 Yr 13 Assessment Week 1
Wednesday	Apr	14	Assembly: Yrs 8 & 9 Yr 13 Assessment Week 1
Thursday	Apr	15	Assembly: Yr 7
Friday	Apr	16	Yr 13 Assessment Week 1

#### School Resumes for all students on Monday 12 April 08.45, Week A

When we return after Easter students should continue to wear masks in classrooms and corridors, to hand wash/sanitise, and follow the one-way system. We thank them for all they are doing to keep our school community safe.

#### Student Home Testing

Testing should continue twice weekly throughout the Easter break and on the day before/day of return on 12 April.

Please register results via TestRegister: [www.testregister.co.uk/login](http://www.testregister.co.uk/login)

TestRegister sends a reminder twice weekly for the LFT to be completed and results recorded.

If a student tests positive please email [office@cchsg.com](mailto:office@cchsg.com) also, in order for contact tracing to be enacted if necessary.

#### Test and Trace Support Payment for Parents

Parents and carers of children who have been advised to self-isolate by their education setting or by NHS Test and Trace are now able to apply for a [Test and Trace Support Payment](#) or discretionary payment of £500, if they meet the eligibility criteria. This change is intended to ensure that eligible parents receive financial support if they are unable to attend work due to childcare responsibilities. The eligibility criteria are listed in the link above.

#### Yrs 11 & 13 – Important Dates

The dates below are subject to amendment should further government guidance be received:

Yr 13 last day in school – Wednesday 26 May

Yr 11 last day in school – Wednesday 9 June – this may be amended depending upon further government advice being received but is not envisaged to be later than this date.

Students in both Yrs 11 & 13 **must** be available to come in to school any time up to **Friday 18 June** if additional evidence is required.

**Yr 11 into Yr 12 Sixth Form Induction Day: Monday 28 June**

**Results Days:** A Level - Tuesday 10 August, GCSE - Thursday 12 August

#### CCHSG 500 Club – Winners of the March Draw

First prize £275: Ticket– 46054-1033506 Parent of a student in Yr 9

Second prize £165: Ticket– 46054-1044864 Parent of students in Yr 7 and 8

Third Prize £110: Ticket– 46054-1038084 Parent of a student in Yr 10

Our thanks go to all those generous parents and staff who have purchased tickets in support of the school, 275 tickets have been sold. **The next draw will take place on Tuesday 20 April.** Full terms and conditions and a list of winning numbers from all the draws are available on our website.

#### March 2021 CCHSG E-Newsletter Published

Do not forget to catch up on all this Half Term's news from CCHSG in the e-newsletter - now available via the website at <https://www.cchsg.com/latest-newsletter/>

## Healthy Living Sessions

Students will have a Healthy Living session with Miss Webb on a rotation basis:

Yr 7 on Monday Periods 4 and 5 or Tuesday Periods 2 and 3

Yr 8 on Monday Periods 4 and 5 or Tuesday Periods 1 and 2

Parents are notified a week in advance of the session, in addition students can find the recipe and ingredients via SharePoint. We hope they enjoy the Healthy Living session.

## Lost Property

All unnamed lost property that has been handed in since students' return to school, has been photographed and recorded on SharePoint. Items can be viewed via the link [Lost Property](#).

Please check to see if anything belongs to your child, items can be collected from Reception. Unclaimed lost property will be disposed of at the end of the Summer Term.

## Yr 11 English Language Revision Session

Miss Withers is running a Language Paper 1 revision session from 13.00 on Wednesday 31 March via Microsoft Teams. It will include a walkthrough of a sample paper with the examination criteria for each question and example responses.

Students can then complete their full response at a later date, rather than in the session itself. To register their interest students should complete the electronic form: [Yr 11 English Language Revision Session](#)

## Wellbeing Information

Any student who feels they need wellbeing support particularly regarding the return to school should contact their Year Leader who can advise and signposts suitable resources and support organisations.

## Essex County Council ActivAte Holiday Activity and Food Programme

Active Essex are delivering the Essex ActivAte holiday activity and food programme through the Easter, Summer and Christmas holidays. Please see the end of the Bulletin for full details, you can book online via

<https://www2.communityiron.co.uk/events/>

## A Message from the Wellbeing Ambassador to Students

We hope you have a relaxing but also productive Easter break.

Make sure you take some time for yourself and do something you enjoy as it has been an exhausting term for everyone. For example, some of our favourite things to do include: painting/colouring, going on walks, watching TV and reading.

Try to maintain a good sleeping pattern, otherwise it may be a shock when you come back and become very tired (something we have all self-inflicted and suffered from). This will hopefully allow you to start the Term in a better frame of mind.

Also, keep talking to family and friends; communication with loved ones can really help boost your mood especially when you are not socialising in school.

*"I make a point to practice self-care. I make an appointment with myself"* – Manisha Singal MD (doctor working on the front lines of the battle against Covid-19)

- **Even with a busy schedule, it is imperative that you take time out to relax and unwind!**

## Top Tips For Staying Emotionally Healthy

5 ways of wellness:



## Kooth and Mental Health Essex

A reminder that Kooth is a free, anonymous, confidential, safe online counselling and wellbeing commissioned by the CCG to support young people in Essex from aged 11 to 19. Counsellors are available 365 days a year, Monday – Friday 12.00 – 22.00 and Saturday and Sunday 18.00 – 22.00, assessable on mobile phone, laptop and tablet via [www.kooth.com](http://www.kooth.com)

Their website also includes discussion boards, Kooth Magazine with help articles, journal and self-help tools.



## Extra-Curricular and Enrichment Activities

### **All Yrs: The Book of the Month**

Students should send their reviews of this month's book is *The Ballad of Songbirds and Snakes*, a Hunger Games Novel by Suzanne Collins, to Mrs Croxson, as soon as possible to be judged: 'may the odds be forever in your favour'!

### **Historical Association – Write Your Own Historical Fiction Competition 2021**

A reminder of the writing competition where students can set a story across any period or place in the past. Winning students across Yrs 7 – 9 and Yrs 10 – 13 will receive a cash prize. For full competition details and how to enter please see end of this Bulletin.

### **Virtual Talks from Speakers for Schools**

Next week's schedule can be found via [Live Broadcasts Schedule](#).

Date	Speaker	Talk Information
Monday 29 March 17.00 – 18.00 <a href="#">LINK TO JOIN</a>	Sarah Henderson, Managing Director, Murray Chalmers PR	For those interested in working in the music industry and want to know more, Sarah will be sharing insights into her career and answering questions.
Tuesday 30 March 17.00 – 18.00 <a href="#">LINK TO JOIN</a>	Dr Sarah Mackenzie Ross, Clinical Psychologist & Honorary Associate Professor at University College London	Thinking about studying Psychology? Join leading Clinical Psychologist, Dr Sarah Mackenzie Ross on how she pursued a career in the field and is now running her own private practice. Ideal for students who are thinking about studying Psychology further.

Watch pre-recorded broadcasts from their library [here](#)

## Careers and University Information

### **CCHSG Careers Information**

Mrs Kee is continuing to hold telephone appointments with students these are available on one day every week, either Monday or Wednesday. Interested students should email Mrs Mandal via [smandal@cchsg.com](mailto:smandal@cchsg.com) and include in their email a preferred telephone number for the appointment. This information will be passed on to Mrs Kee who will contact the student to fix an appointment. Students should not approach Mrs Kee directly.

### **Yrs 11 & 12 University of Oxford Modern Languages Online Open Day - Saturday 1 May 10.00 – 16.00**

Booking is now open for the University of Oxford's online open day for students interested in studying Modern Languages at Oxford. The event is an opportunity for students to find out more about the full range of different degree courses they offer, and there will be the chance to talk to tutors and current undergraduate students. Booking is essential - a full programme and a booking link can be found on their website [here](#).

### **Breakfast and Lunch Pre-Orders**

Please pre-order using the links below (links change weekly). With breakfast service from 08.00 to 08.30 (without the need to pre-order) and salad pots available to order along with sandwiches and paninis for service at the outside server, these need to be pre-ordered by 09.00 on the day required

Hot food and other items continue to be available from the canteen at the allocated lunch time for each year group Yr 7 to Yr 11 and Yr 13. Yr 12 need to pre-order all food including hot food which will be served from the Sixth Form Refectory.

[Student Lunch Order](#)

[Yr12 Student Lunch Order](#)

Students should keep their social distance and wear a face mask in the Dining Hall except when eating.

**Please ensure your child's ParentPay meal account is in credit.**



**Menu for w/c 12 April**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Sausage & Tomato Pasta with Carrots	Lamb Fries Rice	Pizza, Curly Fries & Salad	Spanish Chicken	Spiced Kedgeree with Broccoli
Or				
Vegetable Curry with Rice	Vegetable Pasta Salad	Macaroni Cheese with Peas	Vegetarian Burritos	Ratatouille with Cheesy Bread
Main Meal £2.90				
Chocolate Sponge with Chocolate Sauce	Blackberry & Apple Crumble with Custard	Profiteroles with Chocolate Sauce	Rice Pudding with Jam	Raspberry Panna Cotta
Pudding £1.20				
Panini £2.90				
Soup of the Day (changes daily) £0.60 with Homemade Bread £0.40				

**Correspondence Sent Out This Week**

- 7: Healthy Living Rotation (selected students)
- Yr 8: Healthy Living Rotation (selected students)
- Yr 8: Lateral Flow Home Test Kit Information
- Yr 9: Lateral Flow Home Test Kit Information

**This Week's Brainteaser**

A man takes his car to a hotel. Upon reaching the hotel, he is immediately declared bankrupt. Why?

**Last week's answer:** An hourglass, with thousands of grains of sand.

**Word of the Week for w/c 12 April**

Next week the word is: **ELUCIDATE** – to make clear or throw light upon.



# Colchester County High School for Girls

## 26 March 2021



Registered Charity No. 1110464



### 1. JustGiving Fundraising Campaign in Support of CCHSG PTFA

Due to the constraints resulting from the COVID pandemic, our fundraising will be much reduced this year. We have had to cancel many of our events and move others online. We now need to look at other new, different, COVID-safe ways to plug this gap. There has never been a better or more important time to support CCHSG PTFA.

We understand that not everyone will be able to help financially at this time, but if you are able to make a contribution it would be gratefully received, please log on to <https://www.justgiving.com/campaign/CCHSGPTFA2021>. For those interested, it is also possible to create your own Fundraising Page, via the site, and link it to our campaign. You can then share it with your friends via social media and other communications to broaden our reach.

Your input and ideas are welcome and appreciated by the PTFA. Share your ideas by getting in touch with us via email at [cchsgptfa@gmail.com](mailto:cchsgptfa@gmail.com). Find out more about the CCHSG PTFA activities via the PTFA section of the school website at [www.cchsg.com](http://www.cchsg.com)

### 2. Annual Christmas Market 2021 – Invitation to stallholders

Bookings are now open for stalls at this very popular annual event, open to the school community and general public, to be held on **Saturday 27 November, 12.00 – 15.00**.

**Cost:** Single stalls £25, double £40.

Please email [cchsgptfa@gmail.com](mailto:cchsgptfa@gmail.com) with details of goods you would like to sell at the event and a booking form will be sent to you. **Note:** In the event of cancellation by the organiser, you will receive a FULL REFUND or be invited to trade, should you choose, via a Virtual Christmas Market.

### 3. Waggy Tales Bookshop (Usborne Books)

We are pleased to announce that Waggy Tales Bookshop, an independent Usborne seller, has kindly agreed to donate a percentage of all sales of books made through a unique code to CCHSG PTFA. They can provide some great resources for KS1, KS2, KS3 and KS4 including dictionaries, thesaurus, language resources, Creative Writing activity journals, a wide variety of fiction up to Young Adult, Science resources, History, Coding, Business, Economics, Politics, Law, Mindfulness books to ease stress, and many more.

Check out the link below for a catalogue of books and quote EDUGROUP when ordering.

[https://usborne.com/gb/books/browse-by-age/11-13-years?organiserCode=b5180519f857d494f694434de12dc1b2&fbclid=IwAR3GZ5RS2Gbm61FG88EpWieLVCrq2PYWWA-PCQ32JNEfwEMfiUcRp\\_f-7Cys](https://usborne.com/gb/books/browse-by-age/11-13-years?organiserCode=b5180519f857d494f694434de12dc1b2&fbclid=IwAR3GZ5RS2Gbm61FG88EpWieLVCrq2PYWWA-PCQ32JNEfwEMfiUcRp_f-7Cys)

### 4. Second Hand Uniform and Revision Books Sale - Date for Your Diary (subject to Covid-19 restrictions)

Date: Saturday 15 May 2021

Time: 0900-1600 hours

Venue: CCHSG Gymnasium

- Online appointment booking system will be available from **Monday 3 May**
- Only **6 sets of one parent and one child** will be admitted during each 15 minute time slot. There will be a maximum of **168 appointments** available. Siblings cannot be present unless they also attend CCHSG and need to get uniform. Families must stay together at all times

If you are having a sort out, we will gratefully accept your donations of outgrown uniform and revision books, via the wheelie bins outside reception. Please ask students to deposit items from Monday-Thursday only. This is to allow 72 hours for the clothes and books to become sterile. They will be collected by the PTFA every Monday morning. Thank you in advance for responding to this appeal.

**The PTFA wish all the staff, students and their families a safe and enjoyable break.**

#### PTFA CONTACTS:

Chair: Agness O'Brien

[agnessobrien@hotmail.com](mailto:agnessobrien@hotmail.com)

Tel. 01376 573694 or 07951 511653

For all enquires related to the PTFA, email [cchsgptfa@gmail.com](mailto:cchsgptfa@gmail.com)



Active Essex is offering a range of ActivAte clubs over the Easter holidays!

These clubs are completely free for young people who are eligible for benefits based free schools meals or working families who need additional support. Clubs will include fun activities, including sports and arts & crafts, for 4 hours a day over 8 days of the holidays. Plus every child will get a healthy, tasty lunch!

### Mental Wellbeing Hub

Delivering supported activities over shorter sessions, in smaller groups. Activities will be sensitive to the children's needs, focusing on gentle social transition and coping exercises to help with the move back to community engagement.



### SEND Activity Hub

There will be SEND Hubs across Essex, delivering specialist workshops. These will provide coaching and inclusive physical and enrichment activities for SEND pupils, to ensure they get the best out of their Easter Holidays. Use the link below to book a place.

### Local Activity Clubs

Our holiday clubs, run by locally trusted organisations, offer a range of physical and enrichment activities for children across Essex. Ensuring they have a fun, memorable and healthy Easter break.



All activities will be delivered within government guidelines, and children will be placed in a 'bubble' for the

If your child is eligible but does not require this additional face to face support, then we are pleased to also be offering fun virtual activities, activity packs and food support.

For more information please head to [www.activeessex.org/activateeasterbooking](http://www.activeessex.org/activateeasterbooking)



Historical  
Association

## Write your own Historical Fiction Competition 2021

*The Historical Association Historical Fiction Prize and the Joan Blyth Memorial Prize*

Across Years 7, 8 and 9 there will be three prizes for the best individual story.

Across Years 10,11, 12 and 13 there will be three prizes for best individual story.

There is also a prize for the best fictional historical character in a convincing historical setting. Three prizes will be on offer here across all year groups.

Students can set their stories in **ANY** period or place in the past, so the story can fit in with and extend any historical topic you may be studying. Winning students will each receive a cash prize of £25 and an engraved Bath Aqua Blue glass paperweight. Schools will receive a year's **FREE** subscription to the HA.

### What are the judges looking for?

- **Historical accuracy** – even down to the choice of names characters are given and any props additional to the historical setting
- A **riveting read** with a good plot!
- A **convincing story** - i.e. is it plausible that these events and/or this character could have existed at the time?
- Use of **historical knowledge** to feed the plot, context and character
- Effective use of **historical vocabulary** and **literary conventions**, including where dialogue is included in the story
- **Creative and interesting perspectives** of storytelling. In the past they received an entry telling the story of a siege from the perspective of the castle!
- Minimum word count of 400 words and a maximum word count of 3500 words.
- Your story may be illustrated.



Entries must be received by Friday 28 May 2021. You will need to submit an electronic entry form found on the HA website: <https://www.history.org.uk/secondary/categories/531/news/3451/write-your-own-historical-fiction-competition-2021> and send to [olivia.dent@history.org.uk](mailto:olivia.dent@history.org.uk)