



# Colchester County High School for Girls

## Parent Weekly Bulletin

### 21 January 2022



#### Term Dates 2021 – 2022

##### Autumn Term

Wednesday 1 September  
Friday 17 December

##### Half Term

Monday 25 October  
Friday 29 October

##### Spring Term

Tuesday 4 January  
Friday 1 April

##### Bank Holiday

Monday 3 January

##### Half Term

Monday 14 February  
Friday 18 February

##### Summer Term

Tuesday 19 April  
Monday 18 July

##### Bank Holiday

Monday 18 April  
Monday 2 May

##### Half Term

Monday 30 May  
Friday 3 June

##### Non-Pupil Days

Wednesday 1 September  
Thursday 2 September  
Thursday 21 October  
Friday 22 October  
Friday 17 December  
Tuesday 4 January  
Tuesday 19 July  
Wednesday 20 July  
Thursday 21 July

#### Prov Term Dates 2022 – 2023

##### Autumn Term

Thursday 1 September  
Tuesday 20 December

##### Half Term

Monday 24 October  
Friday 28 October

##### Spring Term

Thursday 5 January  
Friday 31 March

##### Half Term

Monday 13 February  
Friday 17 February

##### Summer Term

Monday 17 April  
Friday 21 July

##### Bank Holiday

Monday 1 May

##### Half Term

Monday 29 May  
Friday 2 June

#### Non-Pupil Days TBC

#### Safeguarding: Never Acceptable

to report a concern:

[Click Here to make an Anonymous Report](#)

Link to Whisper an anonymous third-party service for CCHSG

#### Dates for Your Diary

Monday Week B	Jan	24	Assembly: Yrs 12 & 13 via Teams Yr 10 Jack Petchey Speak Out Final Period 3 Yr 10 Progress Check 2 to Parents
Tuesday	Jan	25	Assembly: Yrs 10 & 11 via Teams Yr 10 DoF Bronze Group B Session 15.45 – 17.30 Yr 12 ESU Mace Public Speaking Competition 16.30 – 20.00
Wednesday	Jan	26	Assembly: Yrs 7 & 8 via Teams Yr 9 Holocaust Memorial Breakout Day
Thursday	Jan	27	Assembly: Yr 9 via Teams Yr 10 Parent Consultation Evening 16.15 – 19.15
Friday	Jan	28	Yr 9 DoF Bronze Group B 15.45 – 17.30
Saturday	Jan	29	
Sunday	Jan	30	We Will Rock You Technical Rehearsal 10.00 – 15.00

#### Student Home Testing

We encourage all students to continue testing twice weekly. Please register results via [www.testregister.co.uk/login](http://www.testregister.co.uk/login) and [www.gov.uk/report-covid19-result](http://www.gov.uk/report-covid19-result).

Face coverings are no longer recommended in classrooms and teaching spaces for st students.

Students are welcome to keep their face covering if they wish as a personal choice.

We ask parents/carers to remain alert to the symptoms of Covid-19 and keep their child at home if they display symptoms.

#### Updated Guidelines for Covid-19 Testing and Isolation

Examples of when to end self-isolation if you have had covid-19 symptoms or have received a positive Covid-19 test result can be found below.

For full information regarding the latest changes to guidance, please see

<https://www.gov.uk/coronavirus>

#### Yrs 7-11: Covid Vaccine Consent

We have sent parents/carers a message and letter with consent form from the North East Essex Immunisation team, regarding the vaccination session on 8/9 February. This session will be for all eligible Yr 7 – 11 students. Students that are aged 12 or above on the day of vaccination are eligible, it is also an opportunity for students to get their first Covid-19 vaccine with the completed consent also.

Parents should complete the consent form if they wish their child to be vaccinated by midday on Friday 4 February.

Any questions relating to this session or vaccine should be directed to the Essex School Aged Immunisation team on 0300 790 0597.

#### Yr 9 Holocaust Memorial Breakout Day – Wednesday 26 January

Students will be off timetable for the day in the Hall and should bring the normal equipment for a school day.

We hope they find the day informative.

#### Yr 10 Parent Consultation Evening – Thursday 27 January 16.15 – 19.15

Invitations have been sent to this event, along with guidance for booking appointments via SchoolCloud.

#### “We Will Rock You” – Wednesday 2, Thursday 3 and Friday 4 February at 19.00

Tickets continue to be available at £10 each and can be purchased via TryBooking using the following link <https://www.trybooking.co.uk/BKRK>

The performance starts at 19.00, with one short interval you are welcome to bring your own refreshments. Ticket numbers have been limited, and the length of the run extended from 2 nights to 3, to ensure an element of social distancing. The room will be well ventilated, so please dress warmly. We advise that audience members wear masks while in the school building and where possible, take a lateral flow test prior to attending. Please note that video and photography at the event is not permitted.



### Yr 13 Mock Examination Special Considerations

A reminder to students that the deadline for entering Special Considerations following the Mock Examinations is Friday 28 January 2022. Special Considerations should be entered via [Yr 13 Mock Examination Special Considerations](#)

### CCHSG 500 Club – Winners of the January Draw

Congratulations to our winners, who will be contacted by telephone or email.

First Prize £189: ticket 98918-1684017 - parent of a student in Yr 7

Second Prize £113: ticket 98918-1723450 - parent of a student in Yr 9

Third Prize £76: ticket 98918-1692676 - parent of a student in Yr 10

Our thanks go to all those generous parents and staff who have purchased tickets in support of the school. The next draw will take place on Monday 21 February. All the funds raised will go directly towards the provision of additional resources and equipment for our students. Terms and condition apply and can be found on our website <https://www.cchsg.com/500-club-rules/>

### Lost Property

Any unnamed lost property that has been handed in since the start of this term, has been photographed and recorded on SharePoint for students to view. We urge them to check to see if anything belongs to them, items can be collected from Reception. Please ensure all belongings brought into school are named

### Healthy Living Rotations

Yrs 7 & 8 students should have been notified by their Form Tutor which Healthy Living Rotation they will be on and noted the dates in their planner. Parents will be sent a reminder email the week before your child is due to have their rotation. Next week's rotations with Mrs Webb will be:

**Monday 24 January is 7Y Rotation 3** and on **Tuesday 18 January is 7X Rotation 3**

We hope they enjoy their Healthy Living sessions.

### Safeguarding Update – A Reminder about Attendance and Punctuality

Parents/carers are legally responsible for ensuring their child's regular and punctual attendance. To this end, it is desirable that parents/carers should be the first line of contact whenever the student is absent from school.

Parents/Carers:

- are responsible for immediately informing school of the reason for any absence by a phone call or email on the first morning of every absence and thereafter on each subsequent morning if the expected duration has not been given on the first day
- will provide a written note on the student's return to school after any absence
- will advise the school in advance of any medical appointments or known reasons for leave of absence
- will avoid arranging family holidays during term time

The Attendance Officer will telephone parents/carers on the first day of absence if notice of the absence has not been received.

### Extra-Curricular and Enrichment Activities

#### PE Fixtures

Date	Time	Event	Against	Location	Year(s)
26.01.2022	15.40 – 16.45	Netball	St Benedict's	Home	Yr 10
26.01.2022	15.40 – 16.45	Netball	St Benedict's	Away	Yr 11
27.01.2022	15.40 – 16.30	GCSE PE Netball	N/A	Home	Yr 11

Students should also check the noticeboard in PE regularly for any updates or changes.

### Drawing Club – Fridays in G27 12.45

Miss Allard-Austin continues to hold a drawing club for any student who wishes to attend or improve their drawing skills. Open to all year groups, students are welcome to bring along packed lunch to eat during this session (will not go ahead if there is wet lunch).

Any student interested in taking GCSE Art is encouraged to come along and ask any questions.

### Physics Club – Friday 28 January

Physics Club will be returning with the beginning of quantum physics! Students should come to G2 at lunchtime to find out more!

### Yr 13 A Level Biology Revision – Wednesday 26 January 12.15 – 13.15 in F13

Lunchtime revision sessions will restart on Wednesday, students can bring their lunch. These will continue each week on Wednesday, picking up a different topic/skill. This week we will be looking at statistics.

## Yr 11 GCSE Biology Revision – Thursday 27 January 12.45 – 13.15 in F13

This week we will be finishing Topic 1, core processes – includes enzymes, biomolecule tests, bring the notes from last week.

## Yrs 11 & 13 Mathematics Department Revision Sessions

The Mathematics department will be running various lunchtime support sessions, please see below:

Yr 13 Revision	Week A	Week B
	Pure Tuesday (BRO) M10	Pure Tuesday (ADI) M10
	Statistics Monday (ABA) M10	Mechanics Monday (SBR) M10

Yr 11 Revision	Week A	Week B
	Monday (JWA) M9	Tuesday (PBU) M7

Yr 13 intervention	Week A and B DGO M10
Yr 12 intervention	Week A and B DWI M8

Add Maths	
Week A MKI Monday in M7	Week B EGL Wednesday M9

## Geographical Photographer Award

The Geography department is reviving its photography competition! Students of all year groups are invited to showcase their creativity, global awareness and photography skills through submissions of Geography-related photographs. Consider: physical (landscapes, habitats, flora and fauna); human (people, urban areas, activities) and environmental (issues, innovations) aspects of Geography. See poster at end of Bulletin for full information.

Photos should be submitted in a large format for maximum quality to [nkennedy@cchsg.com](mailto:nkennedy@cchsg.com). The submission deadline is 25 March 2022, with prizes to be won!

## Psychology Book of the Month

For those who study Psychology or not, have a look at January's book of the month! In *Mindset: Changing the way you think to fulfil your potential* Carol Dweck discusses how a simple idea about the brain can create a love of learning and a resilience that is the basis of great accomplishment in every area.

## Calling all Enthusiastic Linguists – Rosetta Stone Access

For students who would like to teach themselves a new language, they can take advantage of the exciting Rosetta Stone package which offers the choice of teaching yourself 30 different languages including French, German, Latin, Spanish, Italian, Dutch, Arabic, Farsi, Hindi, Japanese, Polish, Russian and many more... They will learn the language using total immersion techniques, working independently through units at their own speed, practising speaking, listening, reading and writing on the computer. The programme gives instant feedback on progress and helps them to improve independently. Students will have full access during the school club and can also work in their own time at home for a 10 week period. There will be a small charge of £25 to contribute to the cost of the subscription to Rosetta Stone, which should be paid via ParentPay when places have been confirmed. Students who wish to take part should email Mr Snow ASAP at [ssnow@cchsg.com](mailto:ssnow@cchsg.com) and places will be allocated on a first come, first served basis. Rosetta Stone sign up will take place on Wednesday 2 February for the successful applicants in T13 at 15.45. We look forward to hearing from interested students.

### Wellbeing Information

Any student who feels they need wellbeing support, should contact any of the following:

EWMHS: 0800 953 0222

Young Minds: <https://www.youngminds.org.uk/>

Kooth: <https://www.kooth.com/>

Sexual abuse or harassment can also be reported to [neveracceptable@cchsg.com](mailto:neveracceptable@cchsg.com) or see the anonymous reporting link on the front of the Bulletin.

Childline: 0800 1111 NSPCC: 0808 800 5000

The School Nurse and School Counsellor are available for student appointments after Half Term.

### Message from the Wellbeing Ambassadors

They would like to share three of their favourite quotes with everyone this week:

- make yourself a priority
- look for something positive in every day, even if some days you have to look a little harder
- mental health is not a destination, but a process. It is about how you drive not where you are going



## Careers & University Information

### **Yrs 12 & 13 VFX Virtual Roadshow – Tuesday 1 February, 09.45 – 14.45**

Students who have free periods on this day may be interested in:

The UK Visual Effects industry and leading studios are actively looking for the next generation of young talent to get involved. Whether students are interested in studying Film, TV, Art, VFX, Computer Animation, IT or even Data Science, higher education provider Escape Studios is running this **free VFX Virtual Roadshow**, funded by ScreenSkills.

## **Dining Room Arrangements**

Breakfast – 'to go' served between 08.00 – 08.35, accessed via the Dining Hall Extension Doors outside the servery.

Breaktime – Yrs 7-11 need to go to the allocated outside area to eat. Break service 'to go' in Dining Hall.

Lunchtime – hot food in Dining Hall at allocated time for each Year Group, cold food and pre-ordered panini/sandwiches available from outside servery 12.35 – 13.00. Yrs 12&13 pre-ordered food in Sixth Form Refectory from 12.15.

There must be no eating in classrooms except if wet lunch is declared.

**Pre-orders must be made by 08.30 Please ensure your child's ParentPay meal account is in credit.**

## Student Lunch Order

### Sixth Form Lunch Order

#### **Menu for w/c 24 January**

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti Bolognese with Sweet Corn	Roast Turkey, Roast Potatoes with peas & Carrots	Sausage, Chips & Beans	Sweet & Sour Chicken noodles	Beaded Cod, Sauté Potatoes & Broccoli
Or				
Cheese & Tomato Tart with Salad	Vegetable Pasta Salad (Vegan)	Macaroni Cheese with Peas	Mushroom Stroganoff with Rice	Gnocchi in Tomato Sauce with Salad (Vegan)
Main Meal £3				
Jam Sponge Pudding with Custard	Apple Crumble with Custard	Pavlova	Rice Pudding with Jam	Cheesecake
Pudding £1.20				
Panini £3				
Soup of the Day (changes daily) £0.60 with Homemade Bread £0.40				
Tomato & Basil	Vegetable (Vegan)	Leek & Potato (Vegan)	Tomato & Lentil (Vegan)	Carrot & Coriander (Vegan)

#### **Correspondence Sent out this Week:**

All Yrs: Letter to Parents/Carers from Essex County Council

Yrs 7-11: Covid Vaccine Consent

#### **Deadline for Replies and Payments**

Year Group	Trip or Event	Deadline for Response
Yrs 7-11	Covid Vaccine Consent	Friday 4 February
Yr 7	Bushcraft Residential Programme	Friday 28 January
All Yrs	We Will Rock You Participation Permission	Friday 28 January

## Mr Williams' Weekly Mathematics Conundrum

This term our conundrums will take the form of Cryptography puzzles, similar to those Alan Turing will have decoded during the Second World War. This week's Cryptography Conundrum is as follows:

### Chapter 1

PING! The alert sounded on Ellie's phone.

"Bored of self-isolation," flashed up the message from Mike. "Why not try this puzzle? Send me the answer once you have it!".

Q	Z	H	1	E	M
J	D	N	W	P	R
A	6	T	0	7	F
2	U	B	8	G	0
3	V	5	C	X	L
S	K	I	9	Y	4

NW1 - SW2 - E2 - S3 - W2 - N1 - NE2 - E1 - W1 - N2 - E2 - S1 - SW1 - N1 - NE1 - SE1 - S4

Decoding the message will reveal a question. The required solution is the answer to the question. Please enter your answer below. If the answer is a number please enter it in numerical form, e.g. 55. If the answer is a word, please enter the word, e.g. omega.

Submit your answers via [Mr Williams' Weekly Mathematics Conundrum](#) – best of luck!

### Method from 7 January's Conundrum

Well done to everyone who entered the last conundrum, particularly a student in 9H who submitted the first correct answer of 56 cm<sup>2</sup>.

The total area of the whole shape is:  $2 \times 4 + 4 \times 8 + 8 \times 16 = 168 \text{cm}^2$

The white triangle has

Base:  $16 + 8 + 4 = 28 \text{cm}$

Height: 8cm

So area of white triangle is  $\frac{1}{2} \times 28 \times 8 = 112 \text{cm}^2$

So shaded area:  $168 - 112 = 56 \text{cm}^2$

### Word of the Week for w/c 24 January

Next week the word is: **PUTRID** – in a state of foul decay or decomposition, as animal or vegetable matter.



### 1. Spring Term Dates for Your Diary

- PTFA Meeting: Monday 31 January, 19.30-21.00 – see attached agenda on last week's Bulletin
- Second Hand Uniform & Book Sale: Saturday 19 March, 09.00 – 13.00 *Please note that second hand uniform sales cannot take place outside published dates.*
- Welcome Party for Year 7 Students and Parents: Friday 25 March, 19.00 – 21.00 TBC (subject to Covid-19 restrictions)
- PTFA Meeting: Monday 28 March, 19.30 – 21.00
- Quiz & Curry Night: Friday 22 April, 19.00 – 21.30, TBC (subject to Covid-19 restrictions)

Note: All planned PTFA events are continually reviewed and where necessary changes will be made in response to the latest government guidance.

### 2. Spring Term Second Hand Uniform and Books Sale – Saturday 19 March, 09.00 – 13.00

The next Second Hand Uniform Sale open to all Year Groups will take place on Saturday 19 March in the Main Hall. This sale will not be by appointment but we do anticipate a large attendance, so we would appreciate your support and patience as we get you through the sale room. Please try to avoid bringing siblings unless they are currently at the school and need to get uniform.

Volunteer opportunities are now open for the above sale. To sign up, please click on the following web link (or copy it into your web browser if clicking doesn't work) to go to the signup sheet. Thank you for volunteering!

<https://volunteersignup.org/WB9LM>

*Please note that second hand uniform sales cannot take place outside published dates.*

### 3. Second Hand Uniform Shop – Volunteers needed

At CCHSG, we have a team of very dedicated volunteers who continually look at ways to generate funds in aid of the school. Our second hand uniform shop has been a steady source of income bringing in an average of £7,000 annually. There is, however, a need for more volunteers to come forward to help with washing, ironing and mending the items donated before they go on sale. Ideally, we would like to establish a team of at least 4-6 people, who can be part of a weekly rota, collecting items from the designated wheelie bins. Most of the volunteers currently working on this scheme have children who will be leaving CCHSG soon so we would like to encourage parent volunteers from Years 7 and 8 to come forward so that we can continue to provide this useful service to our community.

### 4. Raise FREE donations for CCHSG PTFA via Easyfundraising & AmazonSmile

Here are two simple ways that you can support the school whilst you shop online for all your travel, business or family needs:

- You can sign up and help us by choosing to support Colchester County High School for Girls PTFA on the AmazonSmile website, or search for AmazonSmile on [www.easyfundraising.org.uk](http://www.easyfundraising.org.uk) or the App. You will then be directed to AmazonSmile.
- Sign up to support Colchester County High School for Girls PTFA for all other online purchases via Easyfundraising at: <https://www.easyfundraising.org.uk/causes/colchestercountygirlspta/> Every time you do your online shopping via easyfundraising, retailers donate money to CCHSG PTA, completely free or scan the QR-code

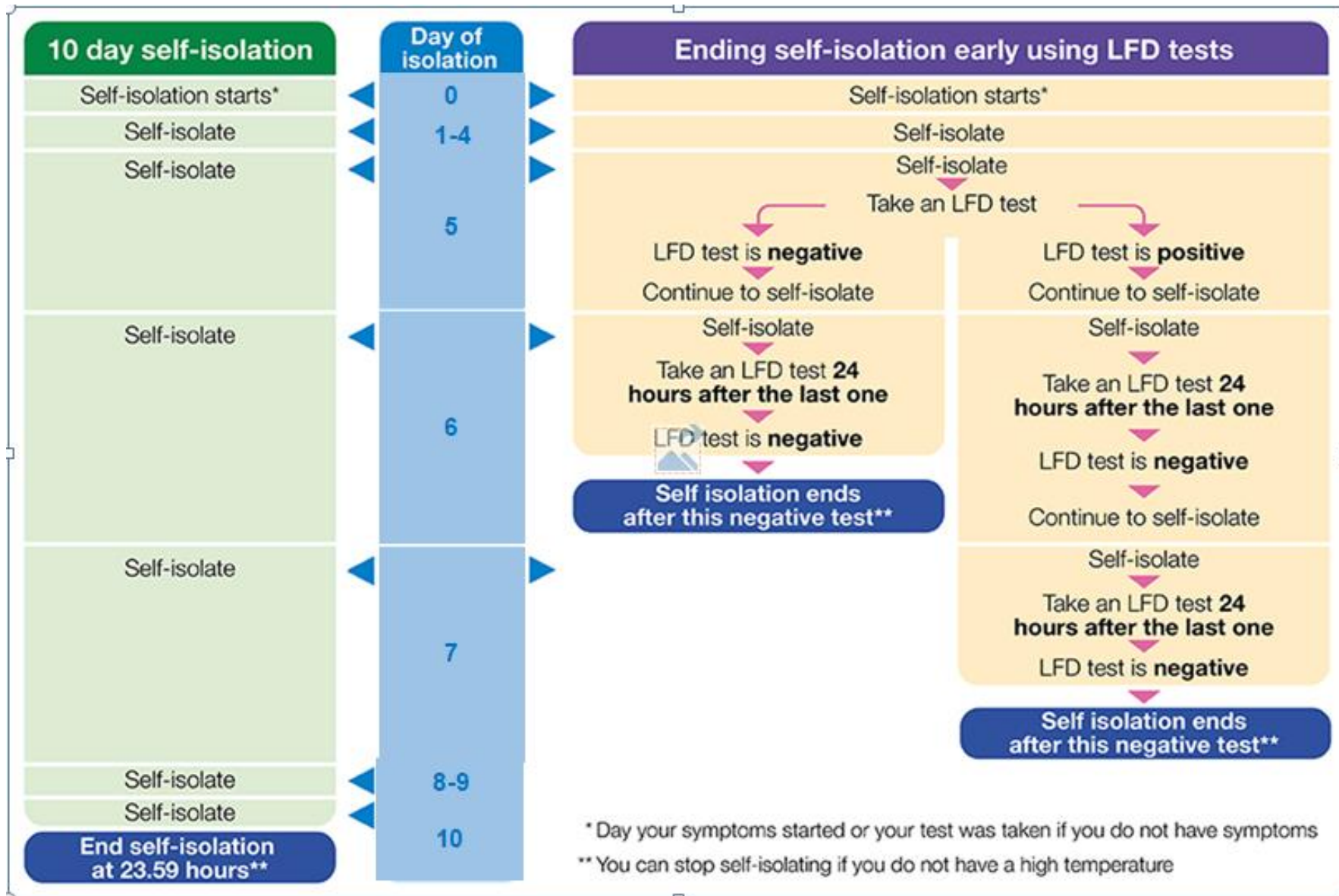
### 5. Fundraising Ideas

If you have ideas that could help generate funds and/or create virtual social opportunities for the PTFA community, please email us at [cchsgptfa@gmail.com](mailto:cchsgptfa@gmail.com)



**PTFA CONTACTS:** For all enquires related to PTFA email [cchsgptfa@gmail.com](mailto:cchsgptfa@gmail.com)

**EXAMPLES OF WHEN TO END SELF-ISOLATION IF YOU HAVE HAD COVID-19 SYMPTOMS OR HAVE RECEIVED A POSITIVE COVID-19 TEST RESULT:**



# Geographical Photographer Award



- Exploration
- Creativity
- Global awareness



Your photograph could be of anything geographical.  
Think:

- Physical (landscapes, habitats, flora and fauna)
- Human (people, urban areas, activities)
- Environmental (issues, innovations)

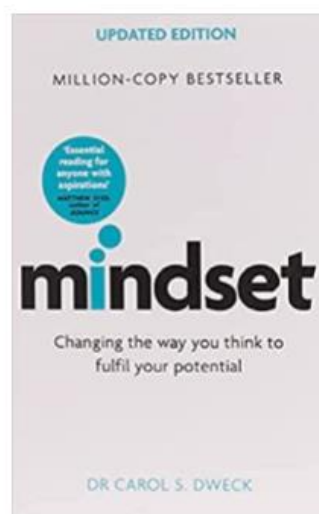
- Submit your entry to [nkennedy@cchsg.com](mailto:nkennedy@cchsg.com)
- (send the photo in a large format for maximum quality)
- Submission Deadline: 25 March 2022

Carol Dweck, in decades of research on achievement and success, has discovered a truly groundbreaking idea—the power of our mindset.

Dweck explains why it's not just our abilities and talent that bring us success—but whether we approach them with a fixed or growth mindset. She makes clear why praising intelligence and ability doesn't foster self-esteem and lead to accomplishment but may jeopardise success.

Dweck reveals what all great parents, teachers, CEOs, and athletes already know: how a simple idea about the brain can create a love of learning and a resilience that is the basis of great accomplishment in every area.

## Psychology Book of the Month: January



If you are interested in finding out more about Dweck's Mindset Theory, Year 9 Psychology students will be able to tell you all about it 😊

