



Colchester County High School for Girls

Parent Weekly Bulletin

20 November 2020



Term Dates 2020 – 2021 For Students

Autumn Term

Thursday 3 September
Thursday 17 December

Half Term

Monday 26 October
Friday 30 October

Spring Term

Monday 4 January
Friday 26 March

Half Term

Monday 15 February
Friday 19 February

Summer Term

Monday 12 April
Friday 16 July

Bank Holiday

Monday 3 May

Half Term

Monday 31 May
Friday 4 June

Non-Pupil Days

Wednesday 2 September 2020
Thursday 22 October 2020
Friday 23 October 2020
Friday 18 December 2020
Monday 19 July 2021

Academy Days

Tuesday 20 July 2021
Wednesday 21 July 2021

Follow us on Twitter: @CCHSG_
English & Drama Dept: @CCHSG_Eng_Drama
PE Dept: @CchsgD
Music Dept: CCHSG_Music



Dates for Your Diary

Monday Week B	Nov	23	Autumn Series GCSE Examinations 11+ Alternative Date Yr 9 Progress Check 1 to Parents Yr 11 Mock Examinations Yr 12 Progress Check 1 to Parents
Tuesday	Nov	24	Yr 11 Mock Examinations
Wednesday	Nov	25	Yr 11 Mock Examinations Yr 12 Virtual Parent Consultation Evening 16.15 – 19.00
Thursday	Nov	26	Yr 11 Mock Examinations
Friday	Nov	27	Yr 11 Mock Examinations

Letter to Parents from Essex County Council

Please find attached the latest letter from Clare Kershaw, Director of Education, and Dr Mike Gogarty, Director of Public Health, at Essex County Council.

Student Absence

A reminder to parents to call the Absence Line each day regarding any student absence. Please also keep in touch with us if you have anyone in your household who is requested to self-isolate and/or is having a Covid-19 test. Timely contact will help us to seek advice and inform anyone else who may be impacted. Thank you.

A12 Closure

Following on from the recent roadworks, for the next two weekends the closure will be reversed therefore the Southbound A12 between J22 and J24 will be closed from 20.00 on Thursday 19 November to 06.00 on Tuesday 24 November, with diversion via Braintree. Please allow extra time for your journey home if you take this route.

CCHSG 500 Club – Winners of First Draw

We are very grateful to all those generous parents, staff and student who have purchased tickets in support of the school, 222 have been sold to date. We are delighted to announce the winners of this month's draw:

First prize £222: Ticket 46054-1041462 – Parent of a student in Yr 7
Second prize £133: Ticket 46054-1041098 – Parent of a student in Yr 8
Third Prize £89: Ticket 46054-1033482 – Parent of a student in Yr 9

Tickets are still available at £40. In the absence of our annual PTFA Christmas Market fundraiser this year, please consider supporting us by purchasing a ticket for the remaining 9 draws via <https://www.trybooking.com/uk/events/landing?eid=14370> Full terms and conditions are on our website.

Yrs 7 – 11 School Uniform

In the colder weather we recommend that students wear a base layer under their uniform and always bring a coat to school for wearing outside and when moving around the school. For PE lessons long PE trousers should be worn with shorts underneath, and both a short sleeved and long sleeved PE top.

Face masks rather than bandanas or scarves should be worn, ideally in black, blue or grey and certainly with no inappropriate graphics. When students forget their mask they should go to Reception where 2 disposable masks will be issued and a charge of £1 made via ParentPay.

11+ Alternative Test Day – Monday 23 November

Testing is due to take place between 10.30 – 13.30 in the Gym. Students should be aware that the testing will be taking place over the lunch break so students should avoid this area. Thank you.

Non-Uniform Day

Please remember that £1 payment for participation in last week's non-uniform day should be paid via ParentPay, in support of the following charities: Yrs 12 and 13 Beacon House Ministries. Yr 7s - 11 the Stephen Lawrence Charitable Trust and the Climate Coalition.



For daily news updates follow CCHSG on Facebook or Twitter @CCHSG_



Yr 11 Mock Examinations

Yr 11 mock examinations continue until Monday 30 November, in the Sports Hall, Gym, Dance Studio and classrooms on the F Floor (Yr 11 bubble), M2 and H3. We remind students to be considerate and silent in these areas. During the mock examination period, students are expected to be in school for revision sessions. Revising at home during this time is not an authorised absence.

Yr 12 Parent Consultation Evening – Wednesday 25 November 16.15 – 19.00

Parents have been sent a letter inviting them to this event, along with guidance for booking appointments via SchoolCloud.

Yr 12 A Level Biology Field Visit to Dorset – September 2021

A reminder that the deposit of £50 for the Field Visit is due on Monday 30 November, when we need to confirm numbers with the provider. In addition, students should ensure the electronic consent form is complete and return the signed code of conduct to their Biology teacher.

Yr 13 A Level Science Revision Guides Reminder

The deadline for the purchase of A Level Chemistry, Physics and Biology work books and revision guides is TODAY. For further information please see the letter emailed out on Friday 6 November.

Lost Property

A reminder for students and parents to ensure all items brought to school are named, so that if they are miss-placed they can be easily returned to their owner.

This week we have had the following handed in, these items are in quarantine and can be claimed from Reception.

- Black and white 'Paris' Scarf
- Black 'Urban Outfitters' bag
- Yr 7 Blazer
- Black & Silver Themis Flask

Healthy Living Sessions

Students in will have a Healthy Living session with Miss Webb on a rotation basis:

Yr 7 on Monday Periods 4 and 5 or Tuesday Periods 2 and 3

Yr 8 on Monday Periods 4 and 5 or Tuesday Periods 1 and 2

Parents are notified a week in advance of the session, in addition students can find the recipe and ingredients via SharePoint. We hope they enjoy the Healthy Living session.

E-Safety: The internet – on the whole an inspiring and positive place

We are sharing 2 more potential online risks for you to be aware of:

Contact: children can be contacted by bullies or people who groom or seek to abuse them

It is important for children to realise that new friends made online may not be who they say they are and that once a friend is added to an online account, you may be sharing your personal information with them. Regularly reviewing friends lists and removing unwanted contacts is a useful step. Privacy settings online may also allow you to customise the information that each friend is able to access. If you have concerns that your child is, or has been, the subject of inappropriate sexual contact or approach by another person, it's vital that you report it to the police via the Child Exploitation and Online Protection Centre (www.ceop.police.uk). If your child is the victim of cyberbullying, this can also be reported online and offline. Reinforce with your child the importance of telling a trusted adult straight away if someone is bullying them or making them feel uncomfortable, or if one of their friends is being bullied online.

Commercialism: young people can be unaware of hidden costs and advertising in apps, games and websites. Young people's privacy and enjoyment online can sometimes be affected by advertising and marketing schemes, which can also mean inadvertently spending money online, for example within applications. Encourage your children to keep their personal information private, learn how to block both pop ups and spam emails, turn off in-app purchasing on devices where possible, and use a family email address when filling in online forms.

Wellbeing Information

Essex Highways - Road Safety Week

We have been asked to share information from Essex Highways about Brake Road Safety Week. The emphasis this year is Speed, please find information at the end of this Bulletin.

Vision Zero: No More Deaths on Essex Roads

An international campaign, the Safer Essex Roads Partnership (SERP) is launching Vision Zero. It is their ambition to have ZERO road deaths and serious injuries on roads in the Essex, Southend and Thurrock council areas by 2040. Find out more at saferessexroads. The consultation document will seek to engage with the widest range of road users and residents in an effort to involve the whole community.

We remind all students of the need to be alert when crossing roads and to look up from mobile phones. Focus should be on the traffic and crossing safely.

Healthy Living – Focus on Food

This week's recipe for **Warming Chicken Pie** can be found on the Sharepoint with all the other recipes so far via [Focus on Food](#). Inspired by a recipe by TV personality Joe Wicks, this pie topped with filo pastry cuts down on calories that the more traditional short crust pastry, with its high fat content would have. Send pictures of your dish to nwebb@cchsg.com.

Extra-Curricular Information

Yr 7 Competition: The Great CCHSG Cell Exhibition 2020 – deadline Friday 11 December

Yr 7 students are invited to make a model of a specialised cell to enter into The Great CCHSG Cell Exhibition 2020. They can make their model cells out of any materials they like and should provide supplementary information such as a key to identify the different parts of the cell and a description of how the cell is adapted to its function. They have been given information about this in their Biology lessons this week.

Once complete, they should take a photograph of their model and upload it along with any supporting documents onto the assignment on the Yr 7 Teams page where they can also find further information about the criteria their model should fulfil. The Biology department will be judging submissions and awarding prizes for the best model cells. Good luck!

Virtual Science Festival – Saturday 21 November – 22 November

Join the Royal Society of Biology for the first ever virtual science festival!

They have partnered with some of the best Science organisations in the UK and beyond to bring content for any budding biologist, chemist, geologist, physicist, or anyone who loves Science and wants to find out more. Including a range of videos, activities, games and more to entertain and engage you and your family.

We would recommend the content in zone 2 and 3 for all our students:

- * Zone 2: Broadening Your Horizons - This zone features content is for secondary school pupils who have a sound grasp of some of the fundamentals of biology, but want to learn more.

- * Zone 3: Scientists at Work - This zone features content for aspiring scientists who want to find out more about the day to day life of a researcher, and hear from leading figures on their successes and challenges of their careers so far.

Find out more online: www.rsb.org.uk/science-at-home<<http://www.rsb.org.uk/science-at-home>>

Competition Writing Competition

The 21st *Christopher Tower Poetry Competition*, the UK's most valuable prize for young poets, has opened for entries, and this year students between 16-18 years of age are challenged to write a poem on the theme of 'The Key'. You need to be aged 16-18 **on Monday 1 March 2021** – the date of the deadline. Poems should be of no more than 48 lines and there are no expectations of poetic form. Run by Christ Church, a constituent college of the University of Oxford, this is a prestigious competition which awards £3000 for first place. Find out more at: www.chch.ox.ac.uk/towerpoetry-enter

Careers and University Information

CCHSG Careers Information

The impartial careers advisor, Mrs Kee will be available on the telephone to discuss career opportunities on Monday 23 November. Please email Mrs Mandal at smandal@cchsg.com, to request an appointment with Mrs Kee.

Lancaster University - Science and Technology

Discover Engineering Thursday 10 December, 17.00 – 18.00

Dr Stephen Quayle, Director of Undergraduate Admissions, is delivering a webinar about studying for a degree in Engineering at Lancaster; for students to discover the different fields of Engineering and the diverse career prospects an Engineering degree can lead to: [Click here to register for our Engineering Webinar](#)

Chemistry Webinars: a series of short academic research lectures from the Chemistry Department, for students to develop their understanding of chemistry, find out how chemistry is helping to change the world and take advantage of the opportunity to ask any questions.

[Register here for the Brain Chemistry Webinar](#) [Register here for the Biomaterials Webinar](#)

[Register here for the Atom's Eye View Webinar](#)

[Find the full list of our webinars including the other Chemistry Lectures here](#)

Live Q&A: Faculty of Science and Technology – Tuesday 8 December, 16.00 – 17.30

From Engineering, to Mathematics, to Psychology; staff and current students at Lancaster will be ready to answer any questions and offer helpful advice about the courses: [Click here to register for our Live Q&A about our Faculty of Science and Technology](#)

Community Information

Harlow Playhouse online: VOICE BOX: Intimate Theatre, Direct to the Lens

A Yr 12 student produced a video during lockdown which has been selected as part of the Harlow Playhouse online: VOICE BOX: Intimate Theatre, Direct to the Lens. The student is featuring on 11 December, episode 4 with her video 'LOCK-DIY-DOWN'. Tickets are available from the Harlow Playhouse Box Office via www.harlowplayhouse.co.uk



Breakfast and Lunch Pre-Orders

Please pre-order using the links below (links change weekly). We ask you to be careful when selecting your pre-order to ensure the correct food is ordered.

- Breakfast service from 08.00 to 08.30 without the need to pre-order: toast, porridge pots, fruit juice, bacon rolls, hash browns. Hot drinks – coffee and hot chocolate will also be available
- Salad pots are now available to order along with sandwiches and paninis for service at the outside server, these need to be pre-ordered by 09.00 on the day required
- New line now available: pizza panini
- Hot food and other items will be available from the canteen at the allocated lunch time for each year group Yr 7 to Yr 11 and Yr 13
- Yr 12 need to pre-order all food including hot food which will be served from the Sixth Form Refectory by 09.00 on the day required. Yr 12 who forget to pre-order can obtain lunch at 13.05 in the Dining Hall

New on pre-order menu is a Vegetable Samosa for £1.20

For a limited time we are offering a Christmas Panini; Turkey, Bacon, Brie & Cranberry for £2.90

[Student Lunch](#)

[Year 12 Lunch](#)

Menu for w/c 23 November

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti Bolognese with Sweetcorn	Beef in Black Bean Sauce with Rice	Beefburger with Chips & Beans	Breaded Chicken with Potato Wedges & Green Beans	Seafood Tagliatelle with Broccoli
Or				
Vegetable Chilli with Rice	Brie, Apple & Onion Tart with Salad	Macaroni Cheese with Peas	Mediterranean Pasta Salad	Quiche with Salad
Main Meal £2.90				
Chocolate Sponge with Chocolate Sauce	Apple Crumble with Custard	White Chocolate Mousse	Apple & Blueberry Danish	Cornflake Tart with Custard
Pudding £1.20				
Panini £2.90				
Soup of the Day (changes daily) £0.60 with Homemade Bread £0.40				

Correspondence Sent Out This Week

- Yr 7: Information
- Yr 7: Healthy Living Rotation (selected students)
- Yr 8: Healthy Living Rotation (selected students)
- Yr 12: Virtual Parent Consultation Evening
- Yrs 12 & 13: Geography Review Subscription
- Yrs 12 & 13: A Level and AS Level Mathematics Revision Guides

Deadline for Replies and Payments

Year Group	Trip or Event	Deadline for Response
Yr 11	GCSE Drama Devised Performance and Rehearsal	
Yrs 12 & 13	Geography Review Subscription	Friday 4 December
Yrs 12 & 13	A Level and AS Level Mathematics Revision Guides	Thursday 3 December
Yr 12	A Level Biology Field Course	Monday 30 November
Yr 13	Purchase of A Level Science Revision Guides	Friday 20 November

Word of the Week for w/c 23 November

Next week the word is: **HYPERBOLE** – obvious and intentional exaggeration.



Colchester County High School for Girls

20 November



Registered Charity No. 1110464

1. 'SPOOKED' PTFA Virtual Quiz Night - THANK YOU!

We would like to thank all those who took part in our recent Virtual Quiz Night hosted by CCHSG parent, Mr Julian Roper. We had a lovely time with 18 teams in the 7 rounds. As well as enjoying a fun event, we raised £174.24 for PTFA funds.

Congratulations to the Team 'Nerd Immunity' that took the PTFA Quiz Trophy. We will look into running further virtual quiz nights in the future.

Our sincere thanks to Julian for hosting the quiz free of charge. You can contact Julian at julian@corporatequizhire.co.uk (<https://www.corporatequizhire.co.uk>)

2. Second Hand Uniform and Revision Books

Following the success of our summer sales, we will be organising another sale in the Spring Term. Your donations can be left in wheelie bins, which are both clearly marked and situated to the left of the Reception entrance at the school. Please deposit items from Monday-Thursday only. This is to allow 72 hours for the clothes and books to become sterile. They will be collected and sorted by the PTFA every Monday morning. Thank you in advance for responding to this appeal.

Upcoming Second Hand Uniform Sale date:-

Date: Saturday 27 February 2021

Time: 09.00 – 14.00

Venue: CCHSG Gymnasium

Further details to follow. We regret that we cannot take advance reservations for items. Sales will be on a first come first served basis. Please note that this is likely to be the only sale for the foreseeable future.

Volunteers Needed to Support Uniform Sales

We will need volunteers to ensure the smooth running of the sale. This includes preparation of items for the sale on Thursday 25 and Friday 26 February and on the sale day itself. An online volunteers sign-up form will be available nearer the time, so if you can spare between 2-4 hours any of these dates, please mark them in your diary.

3. Seamstress Available for Uniform Alterations

We are pleased to be collaborating with Mrs Sally (Sal) Williams of Copford, Colchester who will be able to do alterations to student's uniform, including blazer, at a very affordable price. Contact: Sal at 01206 211735 / 07542182552 OR email sallyannwilliams1965@gmail.com.

4. Help Raise Funds for CCHSG PTFA

If you have ideas that could help generate funds and/or create virtual social opportunities for the PTFA community, please email us at cchsgptfa@gmail.com. Here are two simple ways that you can already support the school during this difficult time.

- Easyfundraising - Every time you do your online shopping via easyfundraising, retailers donate money to CCHSG PTA, completely free. Please sign up here: <https://www.easyfundraising.org.uk/causes/colchestercountygirlspta/>
- AmazonSmile - You now need to search for amazon on www.easyfundraising.org.uk or the App. You will then be directed to AmazonSmile. Sign up to support Colchester County High School for Girls PTFA.

PTFA CONTACTS:

Chair: Agness O'Brien

agnessobrien@hotmail.com

Tel. 01376 573694 or 07951 511653

For all enquires related to the PTFA, email cchsgptfa@gmail.com



Speed contributes to
one in five fatal crashes
in the UK



ROAD
SAFETY
WEEK 

The formula is simple: the higher the speed, the longer the stopping distance, the harder the crash and the greater the risk of death and injury. **No Need to Speed** is a reminder to everyone of how the speed they travel affects other people.

In a crash, 1mph can mean the difference between life and death, but we know that people still regularly break speed limits or travel too fast for the conditions of the road. With someone injured on a UK road every four minutes, and vehicle speed playing a part in every crash, it's time to come together to say that there is **No Need to Speed**.

Every time we're on the road we need to consider what speed is appropriate to keep ourselves and others safe. Everyone knows that roads have speed limits, but do we understand what appropriate speed is, what leads some people to travel too fast, and what are the solutions that can make sure people move at safe speeds?

Slower traffic can help make places feel more welcoming for the people who live, work and play in them. This can mean more people choosing to walk and cycle to get around and more people interacting with each other on the street, creating fitter, healthier and happier communities. This Road Safety Week, we want everyone to learn that there is **No Need to Speed** and to find out just why speed matters for safe and healthy journeys.