



Colchester County High School for Girls

Parent Weekly Bulletin

11 September 2020



Term Dates 2020 – 2021 For Students

Autumn Term
Thursday 3 September
Thursday 17 December

Half Term
Monday 26 October
Friday 30 October

Spring Term
Monday 4 January
Friday 26 March

Half Term
Monday 15 February
Friday 19 February

Summer Term
Monday 12 April
Friday 16 July
Bank Holiday
Monday 3 May

Half Term
Monday 31 May
Friday 4 June

Non-Pupil Days
Wednesday 2 September 2020
Thursday 22 October 2020
Friday 23 October 2020
Friday 18 December 2020
Monday 19 July 2021

Academy Days
Tuesday 20 July 2021
Wednesday 21 July 2021

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PE Dept: @CCHSGD
Music Dept: CCHSG_Music



Dates for Your Diary

Monday Week A	Sep	14	Yr 12 SLT Breakfast – 12C
Tuesday	Sep	15	Yr 12 SLT Breakfast – 12O
Wednesday	Sep	16	Yr 9 Target Grades Yr 12 SLT Breakfast – 12L
Thursday	Sep	17	
Friday	Sep	18	Yr 12 SLT Breakfast – 12H Yr 13 UCAS Early Application Deadline

Thank you to the PTFA for a further donation of face coverings for vulnerable students and staff

Student Code of Conduct

Students who have not already done so should read the code of conduct emailed to them and complete the acknowledgment form [HERE](#) Following the Code of Conduct will help to keep everyone in our community safe.

Transport

Parents are reminded not to park in the visitor car park before the end of school; the road and carpark outside school are very congested at the start and end of the school day. Parents are asked to please consider dropping students off further away from the school, with them walking the rest of the way to help ease the hold ups in this area. We ask that parents are respectful of private residences when parking, especially in Park Road. Please follow the directions of staff and be patient, student safety is our priority.

We ask that students have respect for other pedestrians walking in Norman Way, Lexden Road and surrounding streets, particularly when there are large numbers of students.

We have been made aware that some students are removing face coverings on the school buses on the way home, especially on the top deck of the buses. Face masks are compulsory on all public transport including school buses.

Textbook Return

Please could students return textbooks that they are no longer using (especially GCSE textbooks used by Yr 12 last year) to the box outside Reception. For books not returned an invoice will be produced and sent home.

Yrs 11 & 12 GCSE Autumn Series

The school deadline for making entries for GCSE Autumn 2020 is Monday 14 September. If any student is interested in sitting a qualification in the Autumn series, they should make their entry using the MS Form on the school website. The form can be found here:

CCHSG website>The school>exam administration>Autumn 2020 series>Link

E-Safety Information

TikTok

It has come to our attention that some concerns have been raised about the content being available to our students on the app TikTok. Whilst we do believe that any app is only as safe as the people using it, we would advise parents to be very mindful of what apps their children are using, if they are age appropriate and that their privacy and content settings are appropriate.

For more detailed information about the safe use of TikTok and a number of other popular apps parents can access the e-safety section of the CCHSG website <https://www.cchsg.com/e-safety/>

The video available on this link shows parents how to set up a Tik Tok account to improve their online safety <https://www.youtube.com/watch?v=2FtxbyhsNTA>

If we become aware that a student has seen any distressing content online which has affected them, we will inform parents and give pastoral support in school if necessary.

Useful Websites for further information

[CEOP](#) (Child Exploitation and Online Protection)
[Net Aware](#)

[NSPCC](#)

[Childnet
Parent Info](#)

[Internet Matters
Safer Internet](#)



For daily news updates follow CCHSG on
Facebook or Twitter @CCHSG_



Yr 13 University Admission Test Registration

The school deadline to book appointments for university admissions test registration is Friday 18 September. Please can you book your appointments for the same with Mrs Manda, Examinations Officer. The necessary forms will be available when you book your appointment. Students need to carry a pen to fill in the forms when they visit the Examinations Office at their booked time and ensure they have the 10-digit UCAS number. Payments need to be made via ParentPay and the receipt submitted along with the registration form if the test involves a cost.

Yr 13 EPQ Autumn Term Entry

Students need to deliver their presentation by Friday 18 September; student should check their emails daily for upcoming information and meet with their supervisor in their emailed slot. Final deadline for completion of project is Monday 5 October.

Yrs 12 & 13 Education and Skills Funding Agency (ESFA) Bursary Fund

A final reminder that the deadline to apply for the ESFA Bursary is Friday 18 September.

Yr 12 SLT Breakfast

Student and their Form Tutors have been invited to attend breakfast with SLT:

12C: 14 September 12O: 15 September 12L: 16 September 12H: 18 September
12E: 25 September 12S: 29 September 12T: 30 September

There is no charge for the breakfast items for this event but students need to pre-order their breakfast items by 09.00 on the day before (12C needed to have ordered their items by 09.00 today) via this link:

[Yr12SLTBreakfastorder](#) We look forward to seeing Yr 12 students there.

Yr 8 Music

Students will need to bring their old exercise book to their Music lessons if they took it home. In addition, students will need glue sticks to stick in work from lessons, and should not be sharing these so everyone must bring their own.

Year 8 CCT

Students should bring their Yr 7 CCT exercise book with them to their first lesson as they will continue using this book.

Wellbeing Information

Staff and Student Pastoral Support

The return to school doubtless brings with it mixed feelings of excitement, relief and some anxiety perhaps around safety and settling into school life again. Rev Greenland offers chaplaincy services on a voluntary basis in school to both staff and students, to those of all faiths and none, to offer support both pastoral and spiritual.

Meetings are available on Teams, talk on the phone or correspond by email; please contact Rev Greenland via hgreenland@cchsg.com

Essex Child and Family Wellbeing Service (ECFWS)

Each month ECFWS are promoting and supporting specific local, national, and international campaigns by providing information and resources to schools and communities, which can improve health and wellbeing for all. Their campaigns are interactive with real-life practical learning examples, including web links to resources. This month their focus is World Suicide Prevention Day, please see the attached information.

#AWeekofWellbeing: Wellbeing Webinars and Resources

The return to school is an opportunity to reconnect with friends and teachers, but for some students the return is a challenge. Kids Inspire offer emotional and mental health services; teachers or families are encouraged to [reach out](#) if they are needed.

[Talk Together](#) - is their response to the coronavirus and has been supporting children, young people, families and key workers throughout the pandemic.

In addition, their annual [Week of Wellbeing \(10-16 September\)](#) will be held digitally this year, involving webinars, online resources and advice for parent/carers, and young people.

To book:

[Supporting your child with anxiety](#) – Aimed at parents/carers - 10 September 10.00 – 12.00

[Somatic Contemplation](#) – ‘Feel better through grounding’ - All welcome - 15 September 09.30 – 11.00

[Family nurture nests](#) – ‘Creating emotional safety’ – Aimed at parents/carers - 15 September 18.00 – 19.00



Every Mind Matters Campaign

NHS's Top 5 Tips for supporting children and young people's mental wellbeing as they go back out into the world are below.

1. Be there to listen. Ask the children and young people you look after how they are doing regularly so they get used to speaking about their feelings
2. Stay involved in their life, show interest in their life and the things that are important to them
3. Support positive routines. Be a positive role model and support positive behaviours including regular bedtime routines, healthy eating and getting active
4. Encourage their interests, being active, creative, learning things and being a part of a team are all good for mental health. Support children and young people to explore their interests
5. Take what they say seriously
Help the children and young people you look after feel valued in what they say and help them work through difficult emotions

Please view all tips and additional advice and support on [Every Mind Matters website](#)

Extra-Curricular Information

The Historical Fiction Book Club

We will be continuing with "The Silent Companions" this term as we did not get a chance to have the meeting, and the author Laura Purcell will be joining us through Teams to talk about the book and answer questions closer to Halloween. If students would like to take part in the Book Club they can purchase this book for £6 by ordering via ParentPay, by Friday 25 September. The book will then be distributed to students in Form Time. There is no requirement on purchasing the book through us to take part in the Book Club. See poster below for more information.

Healthy Living – Focus on Food

The Healthy Living department is going to be focusing on a food each week. Now, more than ever, we need to be taking care of ourselves and eating a healthy, balanced diet while taking regular exercise. Miss Webb is encouraging the whole school community to have a go at the quick simple recipes shared each week.

This week's dish is a particular favourite of Miss Webb and her family's (not to mention Mrs Saunders!). Thai Butternut Squash soup is absolutely delicious and is quick and easy to make. Find the recipe via [ThaiButternutSquashRecipe](#)
As a challenge to try something new those who send pictures of their efforts to nwebb@cchsg.com will be rewarded (staff too!).

Butternut squash is in season now and is part of the squash family, it is not only tasty, but also packs a punch of vitamins, minerals, fibre, and antioxidants, so is a really nutritious and tasty vegetable to include in your diet.

University Information

University Of East Anglia

Taster lectures – lectures on a wide range of subjects, from Social Sciences and Humanities to Science and Health are available via [Channel Talent](#). Sessions already scheduled for this term include Psychology, Health, Computer Science, English Literature, Business, Law, Economics, Biology – and an American studies special on the day of the US election.

Virtual Open Day: Saturday 17 October – with talks, 360 tours and opportunities to live chat with academics, students and HE advisers, the virtual open day enables you to get a taste of what it is like to live and study at UEA. For details and to register visit www.uea.ac.uk/study/visit-us

Careers Information

CCHSG Careers Information

Our impartial Careers Adviser, Mrs Kee, is available to conduct telephonic appointments with students thus providing valuable careers advice. Interested student will need to speak/email Mrs Mandal to book appointments

Army Engagement Event

A recording of the Virtual Broadcast Event and Q&A with The Army Engagement Team (on Thursday 10 September) will be made available for those who are unable to join the live event until Friday 11 September. Register at

<https://virtualbroadcast.yourarmy.co.uk>



Breakfast and Lunch Pre-Orders

Breakfast needs to pre-ordered by 10.30 on the previous day for collection from the canteen between 08.00 and 08.30. Student Sandwiches and paninis for service at the outside servery need to be pre-ordered by 09.00 on the day required at Hot food and other items will be available from the canteen at the allocated lunch time for each year group Yr 7 to Yr 11 and Yr 13.

Yr 12 need to pre-order all food including hot food which will be served from the Sixth Form Refectory by 09.00 on the day required

We ask you to be careful when selecting your pre-order to ensure the correct food is ordered.

[Student Breakfast](#)

[Yr 12 Lunch \(includes hot food order\)](#)

[Yrs 7 – 11 & 13 Lunch](#)

Menu for w/c 14 September

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage & Tomato Pasta with Sweetcorn	Pork Steak with Roast Potatoes & Carrots	Beef Burger, Chips & Beans	Sticky Chinese Chicken with Rice & Sweetcorn	Kedgerree with Broccoli
Or				
Vegetable Curry with Rice	Vegetable Pasta Salad	Macaroni Cheese with Peas	Mushroom Stroganoff with Rice	Quiche with Salad
Main Meal £2.90				
Sticky Toffee Pudding	Devon Apple Cake with Custard	Pavlova	Bread & Butter Pudding	Cornflake Tart with Custard
Pudding £1.20				
Panini £2.90				
Soup of the Day (changes daily) £0.60 with Homemade Bread £0.40				

If you are unsure about the ingredients (e.g. vegan, gluten free or allergy specific) please ask a member of the canteen staff.

Correspondence Sent Out This Week

- All Yrs: Face Coverings
- All Yrs: Gifted and Talented in Sport
- All Yrs: Reconnection with Learning at CCHSG
- Yr 10: GCSE English Set Texts Purchase
- Yr 11: GCSE History Webinar (History students only)
- Yr 12: Additional Maths Qualification (selected students)
- Yr 12: A Level Law Consent (Law students only)
- Yr 12: Sixth Form Information, Permissions and Learning Agreement
- Yr 12 & 13: PE Information

Deadline for Replies and Payments

Year Group	Trip or Event	Deadline for Response
Yr 10	GCSE English Set Texts Purchase	Monday 28 September
Yr 11	GCSE History Webinar	Monday 21 September
Yr 12	Admin Fee	Wednesday 30 September
Yr 12	A Level Law Consent	Monday 21 September
Yr 12	Art Equipment	Monday 21 September
Yr 12	Permission Form for Leaving the Site at Lunch for Period 4 and or 5	
Yr 12	Additional Maths Qualification	Monday 14 September
Yrs 12 & 13	Education and Skills Funding Agency (ESFA) Bursary Fund	Friday 18 September

Word of the Week for w/c 14 September

Next week the word is: **JUXTAPOSITION** – an act or instance of placing things close together especially for comparison or contrast.



Colchester County High School for Girls

10 July 2020



1. Welcome New Joiners

A very warm welcome to all those who have recently joined us, particularly those in Yr 7 and Yr 12. We look forward to meeting you in person at some point, when it is safe to do so.

At CCHSG, we have a very active and supportive Parents, Teachers and Friends Association (PTFA). It is run by an enthusiastic committee which aims to raise funds for the benefit of the students and give students, their families and friends a chance to become more involved in our vibrant and diverse school community.

2. Classlist Sign-up - All Year Groups

If you have not done so already, please sign up on Classlist via www.classlist.com, search for our school and sign up. You can also download the Classlist app on iOS and Android. Current Year 7 parents will particularly find Classlist very useful to connect with other parents from your child's Form and Year Group. Classlist offers a fully GDPR-compliant way for you to communicate directly with school families. It is the perfect way to connect parents easily and safely, because users have full control over what data they would like to share.

3. Diary Dates for Autumn Term

PTFA Annual General Meeting - New date: Monday 28 September, 19.30

Given the current government guidance with regard to Covid-19, the postponed AGM will take place virtually via Zoom. Once the meeting details are finalised, we will publish a joining link via the Parent Bulletin.

Halloween Virtual Quiz Night - Saturday 31 October, 19.00

Save the date for this Virtual Quiz Night hosted by our regular Quizmaster, parent Julian Roper from the comfort of your own living room.

Entry fee: £10 per family (limited availability and only available to purchase via Classlist), further details will be available on Parent Bulletin and Classlist next week.

4. Second Hand Uniform and Revision Books Collection - KEEP THEM COMING!

We are very grateful for the many donations of uniform that were dropped off at the school in the run up to our summer uniform sales. As a result, a total of £6,778.77 was raised between July and early September. We will continue to welcome donations of uniform items and revision books for 11 Plus, SATs, GCSE and A Level throughout the year. Your donations can be deposited in wheelie bins, which are both clearly marked and situated to the left of the Reception entrance at the school. Thank you in advance for responding to this appeal.

Please note that due to the ongoing situation with Covid-19, we are not currently able to commit to further dates for sales this term.

5. Seamstress Available for Uniform Alterations

We are pleased to be collaborating with Mrs Sally (Sal) Williams of Copford, Colchester who will be able to do alterations to your daughter's uniform including blazer at a very affordable price. Contact: Sal at 01206 211735 / 07542182552 or email sallyannwilliams1965@gmail.com.

6. Easyfundraising - Important changes to shopping with Amazon (£4,430 raised since 2015)

As we all continue to practise social distancing, more of our shopping is being done online. A really simple and FREE way to support the school during this difficult time is to sign up to easyfundraising. Every time you do your online shopping via easyfundraising, retailers donate money to CCHSG PTA, completely free.

How you raise donations for **CCHSG PTFA** with Amazon and easyfundraising has changed. You now need to search for Amazon on www.easyfundraising.org.uk or the App. You will then be directed to **AmazonSmile**. This website is operated by Amazon and allows you to enjoy the same wide selection of products, low prices, and convenient shopping features as on amazon.co.uk. The difference is that when you shop on smile.amazon.co.uk, Amazon will donate 0.5% of the net purchase price (excluding VAT, returns and shipping fees) to the eligible charitable organisation of your choice. To raise donations with Amazon, there's AmazonSmile. But for everything else, there's easyfundraising!

Please sign up here: <https://www.easyfundraising.org.uk/causes/colchestercountygirlspta/>

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