# **Colchester County High School for Girls**

# Year 7 Essential Information

2023-24



## Colchester County High School for Girls - Year 7 Information

## Contacting Us

The Year 7 Tutor Team:	
7C- Mrs Sophie Pigott	spigott@cchsg.com
70- Mr Niall Kennedy	nkennedy@cchsg.com
7L- Miss Kelly Crozier	kcrozier@cchsg.com
7H- Mr Casey Nachman	cnachman@cchsg.com
7E- Mr York Deavers	vdeavers@cchsg.com
7S- Miss Samantha Williams	swilliams@cchsg.com
Miss Wilson - Year 7 Year Leader	vwilson@cchsg.com
Miss Patrick - Pastoral Assistant	jpatrick@cchsg.com
Mrs Croxson – Pastoral Support	ccroxson@cchsg.com
Dr Parrott – Associate Principal	sparrott@cchsg.com

## Dates for your diary

14 September	Baseline testing begins
26 September	CAT testing begins
13 October	Y7 PTFA Welcome party (19:00-21:00)
16 October	Y7 Target grades issued
8 November	Progress Check 1 issued (AtL only)
9 November	Y7 Tutor Parent Consultation meeting (virtual)
12th February	Progress Check 1 issued
29 February	Y7 Teacher Parent Consultation Evening (COL) (virtual TBC)
7 March	Y7 Teacher Parent Consultation Evening (HES) (virtual TBC)
29-3 April	Y7 Computing assessment
3-10 May	Y7 Exam Week
22-24 May	Y7 Residential Bushcraft Trip
12-13 June	Y7 Programming
17 June	Y7 exam results issued
4 July	Y7 Reports issued
17 July	Activities Day
ТВС	Sports Day

#### Term Dates 2023 – 2024

Autumn Term Monday 4 September 2023 Wednesday 20 December 2023

Half Term Monday 23 October 2023

Friday 27 October 2023

**Spring Term** Thursday 4 January 2024 Thursday 28 March 2024

Half Term Monday 19 February 2024 Friday 23 February 2024

Summer Term Monday 15 April 2024 Tuesday 23 July 2024

> Bank Holiday Monday 6 May

Half Term Monday 27 May 2024 Friday 31 May 2024

**Non-Pupil Days** 

Monday 4 September 2023 Monday 25 September 2023 Tuesday 3 October 2023 Tuesday 20 October 2023 Wednesday 20 December 2023 Thursday 4 January 2024 Friday 5 January 2024 Monday 22 July 2024 Tuesday 23 July 2024 Trips, visits and co-curricular

#### Year 7 PTFA Party and Parent Reception (October)

A chance for the Year 7s to let their hair down and have fun with their new friends! A separate information letter will be sent with details of the evening.

#### Maximize Your Potential (April)

Year 7 take part in a study skills seminar lead by the Maximize Group. They learn coping skills, revision techniques and practical tips they can apply immediately to their learning. This takes place ahead of the internal examinations in May.

#### Bushcraft Trip (22-24 May)

We hope all Year 7 will have the opportunity to go on 3-day (2 night) trip with the Bushcraft Company on 22 to 24 May 2024. This course offers students the chance to excel away from the conventional classroom setting, build important life skills and gets them back to basics and nature, their experiences will also enhance some of the curriculum work in subjects across the curriculum including Art, Biology, PE and Geography. Based in the Boughton Woods, the course is structured with activities that alternate between group workshops and critical activities, students are then able to put the skills they are taught into immediate use. They will work in small groups of between ten and fifteen, each of which will be assigned a specialist group leader, allowing every student the opportunity to really contribute to the collaborative effort required. The trip will be led by Miss Seager with other staff accompanying the students. Students will be under direct supervision of staff at all times during the trip. The cost of the 3-day experience will be approximately £200 including transport and meals. An information presentation on this event will follow. For more information on the Bushcraft Company see <u>www.thebushcraftcompany.com/home</u>

#### Programming Day

All Year 7 students take part in a co-curricular day in the summer term where the focus will be learning and developing text based programming skills using the Python programming language. They will lean how to create programs using data types: numbers, strings, Boolean logic, sequencing, variables, selection, loops and more.

#### Activities Day (July)

All Year 7 students take part in a co-curricular Themed Creative Arts and Enterprise Activities Day at CCHSG. They experience a unique event which aims to challenge students' thinking and logical reasoning, teamwork and communication skills as well as promote their interest in creative and performing arts. It is hoped that through participation in various workshops, students will be given the opportunity to learn through an exciting and positive experience which will aim to stimulate their imagination and higher order problem solving.

#### Healthy Living Lessons (Rotational)

Students in Year 7 and 8 receive 3 Healthy Living lessons where they learn the importance of eating well and how to prepare simple yet delicious meals such as a vegetable stir fry. Students and parents will be notified by email when the allocated session is coming up and students will be required to bring in the correct ingredients. Any concerns regarding allergies etc should be emailed in to office@cchsg.com requesting the message be passed to Mrs Webb.

#### Careers (delivered through PSHCE)

There is an extensive careers programme that spans the Y7-13 PSHCE curriculum as well as careers information being incorporated into subject lessons. Year 7 start their careers journey with a session lead by our independent careers advisor, will provide an overview of the opportunities that lie ahead - 14+, 16+, 18+ and Post Degree.

Students are also introduced to the world of employment to include key employability skills and building a career portfolio.

Students also receive careers information from guest speakers throughout the year

#### PSHCE

The PSHCE curriculum at Colchester County High School for Girls is designed to:

- equip students with knowledge and skills that will enable them to make informed decisions about their wellbeing, health and relationships and to build their self-efficacy
- develop student's capacity to make sound decisions when facing risks
- support students to develop resilience, to know how and when to ask for help, and to know where to access support.

Topics that are covered in Year 7 include:

- Research skills and online learning
- Bullying, peer pressure and cyber-bullying
- Family, friends and well-being
- Finance including how to budget and ethical shopping
- Relationship and Sex Education including FGM

If you would like to discuss the content of the PSHCE lessons, please contact your child's form tutor.

#### E-Safety - Who you can turn to:

All students receive e-safety guidance both in lessons and assemblies; however, we strongly encourage parents to take an active role in monitoring their child's online activity to ensure they are safe. These websites are useful for more information or to report any negative experiences online. We intend to run parent e-Safety sessions in the spring term.

CEOP - https://www.ceop.police.uk

Share Aware - https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/share-aware/

Common Sense Media - https://www.commonsensemedia.org/

Think U Know - https://www.thinkuknow.co.uk/

E-safety advice is also given each week in the Parent Weekly Bulletin

#### Safeguarding at CCHSG

CCHSG believes in supporting all aspects of children and young people's development and learning, including keeping children safe. We understand that children and young people can and do experience social, personal and emotional barriers to their learning, over differing periods of time and at different stages of their development, which can have an effect on their academic learning. We recognise that education staff play a crucial role in helping to identify welfare concerns and indicators of possible abuse or neglect at an early stage.

Safeguarding depends on staff being made aware of issues by students. Form Tutors have the role of "First Responders" and work closely with the Pastoral Team to help identify issues and support students. Students are aware of the Pastoral Team and Safeguarding Team with posters around the school to help them identify those members of staff and how to contact them. The student planner also provides advice and gives details of support organisations and useful contacts; The Student Voice Team work with the Safeguarding Team to help ensure the content and advice is appropriate and updated annually.

We understand that some students may find reporting difficult, especially communicating worries and concerns to members of staff for a variety of reasons and as such CCHSG have introduced an online reporting system to enable students to report more freely; this can be accessed through the "Never Acceptable" link on the school website.

#### The Safeguarding Team

Designated Safeguarding Lead (DSL): Mrs K Daniels kdaniels@cchsg.com

#### Deputy DSLs:

Mrs D Frost <u>dfrost@cchsg.com</u> Dr S Parrott <u>sparrott@cchsg.com</u> Mrs S Hughes <u>shughes@cchsg.com</u> Mr K Kidby <u>kkidby@cchsg.com</u> Mrs K Sharp <u>ksharp@cchsg.com</u> Miss S Torr <u>storr@cchsg.com</u> Mr M Summers <u>msummers@cchsg.com</u> Miss V Wilson <u>vwilson@cchsg.com</u>

#### School Procedures

- Students in Years 7 11 should not arrive before 08.30. Students who arrive before 08.30
  may purchase breakfast "to go" in the Dining Hall from 08.00 or wait outside the school
  building. If students are unsupervised in teaching/form rooms they will be instructed to go
  outside.
- 2. School Reception is staffed from 08:00 until 16:00. This is the first point of contact for general school enquiries.
- 3. If students are late for morning (08:45) registration, they must sign in at Reception. Persistent lateness will result in school sanctions.
- 4. If students are absent the school attendance line (01206 576973) should be contacted by 08:45 by parents giving the student name, specific reason for absence and expected duration of absence. This should be followed up with a written note or School Gateway confirmation on their return.
- 5. If students need to leave the premises during the school day a note must be given, in advance, to the Form Tutor. Before leaving students must sign out at Reception.
- If students feel ill or have an accident during the day students should inform a member of staff immediately. A First Aider will then be contacted to deal with the situation and contact parents if necessary. Students must not contact parents directly themselves before going to Reception.
- 7. Students must leave the building by 16:00 at the end of the day. Students may only remain in school if they are in a supervised after school club or activity with a designated member of staff.
- 8. All students' belongings should be named. Valuable items should not be brought to school. Students who lose an item should retrace their steps, and then report the loss to Reception. If for any reason they have to bring a large sum of money to school (this should be pre-arragned), they must give it to Reception for safe keeping.
- 9. We operate a cashless catering system in the Dining Hall. Parents can top up their child's credit via Parent Pay and there is a cash payment machine for student use on the ground floor corridor. All trips and visit payments should be made via Parent Pay and accompanied by a signed written consent slip.
- 10. For safety reasons no student may bring an aerosol to school. Cigarettes and associated items, e-cigarettes, alcohol, illegal substances, sharp items and offensive weapons are strictly forbidden.
- 11. Mobile phones. Many students have long journeys to school that are made safer by the possession of a mobile phone. For this reason only, mobile phones may be brought to school. They must be switched off and out of sight during the school day. ie in a locked locker. If phones are used in school they will be confiscated until the end of the day when they may be collected from the School Reception. Parents will be contacted if phones have to be confiscated for a third time. Additional school sanctions may also be applied for example handing in the phone each day to Reception. Mobile phones are brought into school at students' own risk.
- 12. In an emergency, a brief telephone call may be made from Reception. All emergency calls from parents to a student during the school day must go via Reception.

#### School Uniform and Equipment

#### School Uniform

You have already received details of our School Uniform in the information you received when you were notified of your place. It is important for students to wear their uniform in the correct manner and to keep it looking smart, even when you are on your way to or from school. As a member of Colchester County High School for Girls your uniform will say a great deal about you to visitors, members of the public and other members of the school and you should be proud to wear it. You will need to wear your blazer at all times and ask permission in class to remove it.

#### School Uniform Year 7 September 2023

- 1. BLAZER is a navy blue jacket with school logo on pocket, only available from Coes.
- 2. **BLOUSES** are pale blue and of cotton or polyester/cotton; they are plain, V-necked, revere collar style with long or short sleeves. These are available **from Coes** or they may be purchased from any appropriate retailer.
- 3. **TROUSERS are plain dark navy and of classic, straight leg style**. These are available **from Coes** or they may be purchased from any retailer, but must be of the appropriate style. Fashion styles, for example, low-waisted trousers or tapered legs, are not acceptable.
- 4. **SKIRTS** are kilt-style, navy, grey and white tartan and must be of a length that is worn **on the knee (ie to at least the middle of the knee)**. The skirt is only available **from Coes.**
- 5. **CARDIGAN** is navy blue with pale blue stripes at the cuff and only available from **Coes**, however a plain navy V necked cardigan with plain navy buttons may be purchased from other retailers. The cardigan is an optional item of uniform.
- SHOES must be leather or leather look, flat heeled in plain black. Fabric or canvas shoes, converse shoes, trainers, sling-back and backless/toeless shoes are not acceptable. Boots or ankle boots are not to be worn in school. If boots or trainers are worn on the way to school, a change of shoes must be brought to wear in school.
- TIGHTS should be plain navy, black or natural not patterned. Plain white, navy or black ANKLE SOCKS only may be worn. Bare legs without socks or knee high/over the knee socks are not acceptable.
- 8. **COATS** and scarves may **not** be worn in school. A **CCHSG School Scarf** is available from **Coes** as an optional item of school uniform. Hoodies are not acceptable.
- 9. OVERALLS are worn for Science and Art. They are dark blue and long-sleeved and must be embroidered with your daughter's first name (approximately 5-10cm high) on the left front and left back shoulder. This must be purchased from Coes. From Year 10 a long-sleeved white overall may be worn for Science, which may be purchased from a range of suppliers.
- 10. **HAIR** of shoulder length or longer should be tied back for safety in all practical subjects with navy, black or natural hair colour bands or slides. Hair which goes beyond natural colour tones in natural combinations or is extreme in style is not acceptable. Headcoverings worn for religious reasons e.g. headscarf, must be plain navy or black and of a short style.
- 11. **JEWELLERY** no jewellery or badges (except badges connected with school) may be worn with school uniform. Only small gold or silver plain studs may be worn in pierced ears; only

one ear stud may be worn in each earlobe. No other piercings including ear stretchers are acceptable. A watch may be worn; iwatches or similar are not permitted. Jewellery which is not permitted must be removed and will be confiscated.

- 12. Make-up, nail varnish or false nails **must not** be worn with school uniform.
- 13. Water-proof jacket and trousers and a base layer (vest) are recommended as students will be spending time outside during break and lunch time. A foldable waterproof mat to sit on may also be useful.
- 14. **SCHOOL BAG** should be of a style suitable for carrying to, from and around the school. Bags with wheels or a trolley-type attachment are not accetable for health and safety reasons.



A navy jacket available from Coes



Blue school blouse with revere (v necked) collar



Kilt style skirt worn to at least the middle of the knee from Coes.



Navy blue trousers of a classic straight leg style *(if purchasing from a store other than Coes please do not remove labels without checking with the school that they are of the appropriate style)* 

#### Kit for Physical Education

Advice on specific activities and kit requirements will be given by your PE teachers.

#### **Basic PE Kit**

- Navy blue shorts embroidered with the school logo only available from Coes
- Sky blue polo shirt only available from Coes
- Navy long sleeved top with the school logo only available from Coes
- Plain navy tracksuit trousers available from Coes or other retailers. Please check with PE Department regarding acceptable styles.
- White short socks
- Mainly white trainers (coloured stripe or logo is acceptable) for indoor PE and on netball courts.
- A white, navy or black base layer may be worn under PE kit in colder weather (white only for school team matches)
- PE bags should be of a style suitable for carrying to, from and around the school. A draw string PE bag will fit into a locker more easily.

#### Items required for Specific PE Activities

#### Netball/Badminton/Basketball/Rounders

An optional navy skort with the school logo is available from Coes (shorts as above are acceptable)

#### Cross Country/Football/Rugby

Long navy blue football socks with school logo only available from Coes Outdoor trainers (mainly white) or astro boots for outdoor PE activities, shin pads for football.

## • Swimming (Summer term unless attending extra-curricular swimming activities)

A one piece plain black or navy swimsuit (not halter-neck, with white strip is acceptable), swimming cap, towel and flip-flops. (Advised not to purchase until swimming is on the PE Timetable for Year 7).

#### It is recommended that the basic kit and autumn term items are purchased initially.

## ALL CLOTHING & PROPERTY MUST BE CLEARLY NAMED INCLUDING SOCKS & TRAINERS

All property is brought into the school at the owners risk and the school cannot be held responsible for theft, loss or damage. Expensive electronic items should not be brought into school. Students should use their locker and padlock for storage of possessions including their mobile phone during the day.

Parents should be aware that the School's contents and insurance cover does not extend to students' property. Parents should include their child's belongings within their domestic insurance policies if required. **Marking of clothes and other property with the owner's name is required.** 

#### Stationary Equipment

Students are requested to bring with them to every lesson:

- A blue/black ball point or fountain pen
- A green pen for self assessment
- A purple pen for progress
- A pencil, ruler, rubber and sharpener
- A glue stick
- A whiteboard marker
- A mathematical calculator
- A reading book
- A set of drawing pencils from B to 6B (Art)
- A compass and protractor (Mathematics)

#### **Optional:**

- Colouring pens/pencils
- Highlighters

Students should NOT bring their own scissors into school.

Students should NOT bring any form of correction fluid (e.g. Tipp-Ex) into school.

#### School Day Timings for Year 7

08:00 – 08:40 Wait at allocated outside area. Pre-ordered breakfast can be collected from the canteen to be eaten outside

08:40-08:45 (bell at 08:43) - Go to form room

- 08:45-09:05 AM Registration and form time
- 09:05-09:10 Movement time
- 09:10-10:10 P1 lesson
- 10:10-10:30 (bell at 10:27) Break time to be spent outside if fine
- 10:30-11:30 P2
- 11:30-11:35 Movement time
- 11:35-12:35 P3
- 12:35-13:15 Lunch time. Hot lunch to be eaten in the Dining Hall extension from 13:00 for Year
  7. Packed lunches to be eaten in the allocated outside area. Student may go on to the field from 12:50. Lunch time can be spent inside in form rooms if a 'wet break' is declared.
- 13:15-13:25 Movement time
- 13:25-14:30 PM Registration and P4
- 14:30-14:35 Movement time
- 14:35-15:35 P5
- 15:35 End of School Day

#### Attendance and Punctuality

#### **Expectations**

- It is the responsibility of everyone to ensure good attendance.
- The school expects students to attend every day that the school is open.
- Attendance for most students is between 98% -100%
- We monitor and review the attendance of all students constantly and will involve parents when attendance falls below expectations.

#### **Supporting Good Attendance**

- **Phone** us as soon as possible to tell us why your daughter is absent, and when you expect her to return.
- Only grant days at home for **genuine** illness (please see the guide overleaf)
- If you notice a problem, contact us so that we can work together to resolve the issue. Pursuing the reason for non-attendance is important.
- Help your daughter to catch up with missed work

Please note that holidays taken in term time cannot be authorised.

#### Punctuality

Daily lateness adds up:

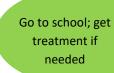
- 5 minutes late
   3 days lost per school year
- 10 minutes late 6.5 days lost per school year
- 15 minutes late 10 days lost per school year
- 20 minutes late 13 days lost per school year
- ▶ 30 minutes late 19 days lost per school year

## Good punctuality is as important as good attendance.

A student who is late disrupts the tutor group at an important part of the day; morning tutor time is filled with planned activities. Students might also miss any announcements which are important.

#### What to do

NHS Advice on childhood illnesses



Can be catching; some restrictions for school attendance

#### Don't go to school; see the GP

What it's called	What it's like	Going to school	Getting treatment	More advice
Chicken Pox	Rash begins as small, red, flat spots; develop into itchy fluid-filled blisters		Pharmacy	Back to school 5 days after onset of rash
Common Cold			Pharmacy	Ensure good hand hygiene
Conjunctivitis	Teary, red, itchy, painful eye(s)		Pharmacy	Try not to touch eye to avoid spreading
Flu	Fever, cough, sneezing, runny nose, headache, body aches & pain, exhaustion, sore throat		Pharmacy	Ensure good hand hygiene
German Measles	Fever, tiredness. Raised, red, rash that starts on the face and spreads downwards		GP	Back to school 6 days from onset of rash
Glandular Fever	High temperature, sore throat; usually more painful than any before, swollen glands		GP	Child needs to be able to concentrate
Hand, Foot & Mouth Disease	Fever, sore throat, headache, small painful blisters inside the mouth on the tongue and gums (may appear on hands and feet)		GP	Only need to stay off school if feeling too ill
Head Lice	Itchy scalp (may be worse at night) Pharmacy		No need to be off school, but please tell the school	
Impetigo	Clusters of red bumps or blisters surrounded by area of redness.		GP	Back to school when lesions crust or 48 hours after start of antibiotics
Measles	Fever, cough, runny nose and watery, inflamed eyes. Small red spots with white or bluish white centres in the mouth. Red, blotchy rash.		GP	Back to school 4 days from onset of rash.
Ringworm	Red ring-shaped rash; may be itchy. May be dry and scaly or wet and crusty.		GP	Back to school once treatment started
Scabies	Intense itching; pimple-like rash – all over         body or, more commonly, between the         fingers, wrists, elbows and arms.		GP	Back to school after first treatment
Shingles	Pain, itching or tingling along the affected nerve pathway. Blister-type rash		GP	Only stay off school if rash is weeping and cannot be covered
Sickness Bug/Diarrhoea	Stomach cramps, nausea, vomiting and diarrhoea.		Pharmacy	See GP if symptoms persist after 48 hours.
Threadworms	Intense itchiness around anus.		Pharmacy	Ensure good hand hygiene.
Tonsillitis	Intense sore throat		Pharmacy	See GP if temperature lasts more than 48 hours or cannot swallow.
Whooping Cough	Violent cough, over and over, until child inhales with 'whooping' sound to get air into lungs.		GP	Back to school after 5 days of antibiotics or 21 days from onset of illness.

See <u>www.patient.co.uk</u> for further information on each of these conditions.



This information is a guide and has been checked by health professionals, however, if you are unsure about your child's wellbeing we recommend you contact your Pharmacy or GP.

#### **Medication**

Students are not permitted to carry **ANY** medication on their person (unless emergency medication such as an EpiPen or asthma inhaler has been previously arranged with the Year Leader). In order to bring in medication your parent needs to complete a **Medical Consent Form**. The medication can then be brought into school and kept in the office where you will be able to take it under supervision. This includes medication such as paracetamol and ibuprofen.

Please keep the school informed of any medical conditions that may impact a student's ability to access the curriculum (e.g. broken fingers, using of crutches, asthma).

#### **Sickness**

We ask that students who have been physically sick at school are collected within the hour to reduce the spread of infection. If your residence is further than one hour by car, we suggest someone closer to the school is nominated to collect the student.

The school will not routinely allow students to travel home via public transport/school bus if they are ill, therefore parents/carers will need to make arrangements for their child to be collected.

It is also important that students who have been physically sick do not return to school until at least 24 hours since the last bout of vomiting has passed.

#### Recording Progress in Year 7 2023-24

Your child's attainment and progress in her subjects will be measured using **Steps** which are based on the Reformed Curriculum Assessment requirements linking to GCSE grades (9-1). Most students will enter on Step 4 and progress to Step 5/6 by the end of Year 8.

The Steps are sub-divided as follows:

- .9 is working at the top of the step
- .6 is working in the middle of the step
- .3 is working at the bottom of the step

Subject	Progress Measure	Length of Key Stage 3
Art	Steps	2
Biology	Steps	2
Chemistry	Steps	2
Computing	Steps	2
Creative Critical	Pass/ Merit/	
Thinking	Distinction	
Drama	Steps	1 (not Year 8)
English	Steps	2
Reading		
English Writing	Steps	2
French	Steps	2
Geography	Steps	2
German	Steps	2
History	Steps	2
Latin	Below/ At /Above	1 (not Year 7)
Mathematics	Steps	2
Music	Steps	2
PE	Steps	2
Physics	Steps	2
RE	Steps	2

In the autumn term each student will be issued with a School Target Measure for each subject. The School Target Measure for each subject is generated for each student using Key Stage 2 data, CAT test results, Fischer Family Trust Aspire estimates from KS2 and teacher assessment.

The School Target Measure provides an indication of the most likely Level or Step the student should achieve by the end of the current school year in that subject.

There is an expectation that students will make a minimum of two steps of progress from entry at the end of KS2 to the end of KS3. A progress pathway is generated with intermediate targets for the end of each academic year.

N.B. Creative and Critical Thinking is a non-National Curriculum subject and uses a Progress Measure of Pass/ Merit/ Distinction. Latin, started in Year 8, uses a Progress Measure of Below/At/Above. This ensures students reach the appropriate skills and language development for each year group. Progress Checks will provide three pieces of key information to both the parent and the student:

- a Working at Measure (Step or Grade) (WAS)
- an Attitude to Learning grade (AtL)
- a school Target Measure (Step or Grade)

Progress Check 1 will contain only AtL for Year 7.

The Attitude to Learning grade will appear on the progress check for all year groups:

#### The Attitude to Learning descriptors are as follows:

Outstanding 1	The student shows very high levels of engagement, courtesy, collaboration and cooperation in all lessons. An excellent, enthusiastic attitude to learning is shown through an exemplary behaviour for learning; all classwork and homework are completed to the highest standard, all deadlines are met and the correct equipment and books/folders are always brought to lessons.
<u>Good</u> 2	The student is typically considerate, respectful and courteous to staff and other students. A good and positive attitude to learning is shown through good behaviour for learning; classwork and homework are completed to a good standard, most deadlines are meet and the correct equipment and books/folders brought to lessons.
Requires improvement 3	The student can respond promptly to teachers' direction and work co-operatively with others. Any issues with behaviour for learning are low level; classwork and/or homework may not always be completed to the students' level of ability, deadlines may be missed and the correct equipment and books/folders sometimes not brought to lessons.
<u>Poor</u> 4	The student can lack engagement and their lack of self-discipline can, more than occasionally, reduce learning. Any issues with behaviour for learning are more noticeable; classwork and/or homework is often incomplete, deadlines are frequently missed and the correct equipment and books/folders not brought to lessons.

The End of Year Report at the end of the year will contain a WAS, AtL, Target Step and specific targets for each subject. These targets aim to allow students to focus on particular areas in order to improve.

The End of Year Reports also contain information from the Form Tutor regarding attendance, uniform etc along with a Form Tutor comment.

#### Accessing work via SharePoint from home:

In order to access work via SharePoint and Teams please follow the relevant links on the school's website: <u>www.cchsg.com</u>

Student username is: 20SurnameFirstnameinitial e.g. 20JonesA

Short Email: <a>20JonesA@cchsg.com</a>

Longer email: 20JonesA@colchestergirls.essex.sch.uk

School domain: cchs\

When logging-in to use the school remote systems (Student email, SharePoint and Teams, all accessed through the school website cchsg.com) depending on your platform you may be required to use one of the following:

- 1. Just the student user name e.g 20JonesA
- 2. The domain followed by the username e.g. cchs\20JonesA
- 3. The short email e.g. 20JonesA@cchsg.com
- 4. The Long email e.g. 20JonesA@colchestergirls.essex.sch.uk

All of the above should be attempted using the student's standard school password.

If issues continue to arise please contact the IT helpdesk: ITHelpDesk@colchestergirls.essex.sch.uk

01206 576973

#### Year 7 Homework Timetable (2023-2024)

#### Staggered start:

Year 7 will have a staggered start to the full homework timetable. The following subjects can set homework on the weeks outlined but must only set on their allocated day.

Week beginning 4<sup>th</sup> September (Week A): English, Mathematics, Biology, Chemistry, Physics

**Week beginning 11<sup>th</sup> September (Week B)**: English, Mathematics, Biology, Chemistry, Physics, History, Geography, Religious Education, French, German

**Week beginning 18<sup>th</sup> September (Week A)**: English, Mathematics, Biology, Chemistry, Physics, History, Geography, Religious Education, Languages , Computing, CT

Week beginning 26<sup>th</sup> September (Week B): Full homework timetable

#### Homework setting:

- You will not receive more than 3 pieces of homework to complete in a day.
- Each piece of homework should not take any longer than 20 minutes.
- You should not be spending any longer than 1 hour on homework in a day
- Some subjects may choose to set extended projects over multiple homework slots however the time spent should not exceed the slots allocated to that subject.
- We recommend that you complete homework on the day that it is set or as soon as possible to support you managing your time effectively and to allow enough time to seek help from peers or teachers before it is due to be handed in.
- Sanctions for late or incomplete homework are at teacher discretion. Please seek our Behaviour, Sanctions and Rewards Policy for further guidance.

#### Subject homework setting:

#### English

- 2 reading and 2 writing across the Week A and Week B timetable.
- Students should read an Accelerated Reader approved book with the aim of achieving 20 points and over 80% average in all quizzes taken (more information will be given to students by the Librarians).

#### **Mathematics**

• 2 in Week A and 2 in Week B.

#### French

• 1 writing and 1 vocabulary across the Week A and Week B timetable.

#### German

• 1 writing and 1 vocabulary across the Week A and B timetable.

#### All other subjects

• 1 in Week A <u>or</u> Week B

#### 7C Homework Timetable

#### <u>Week A</u>

Monday	Tuesday	Wednesday	Thursday	Friday
English (writing)	Languages	Languages	English (reading)	Mathematics
Biology	History	Art	Physics	CCT
		RE	Mathematics	

#### Week B

Monday	Tuesday	Wednesday	Thursday	Friday
Languages	English (writing)	Languages	Chemistry	Mathematics
Computing	PE	Mathematics	Geography	English (reading)
		Drama		Music

#### 70 Homework Timetable

#### <u>Week A</u>

Monday	Tuesday	Wednesday	Thursday	Friday
Chemistry	Computing	Physics	English (reading)	Mathematics
English (writing)	Languages	Languages	Mathematics	RE
Music			CCT	

#### Week B

Monday	Tuesday	Wednesday	Thursday	Friday
Biology	English (writing)	Languages	Art	Mathematics
History	Languages	Mathematics	PE	English (reading)
	Geography			Drama

#### 7L Homework Timetable

#### Week A

Monday	Tuesday	Wednesday	Thursday	Friday
English (writing)	Physics	Drama	Mathematics	Mathematics
Biology	Languages	Languages	English (reading)	History
	RE	CCT		

#### Week B

Monday	Tuesday	Wednesday	Thursday	Friday
Languages	English (writing)	English (reading)	Mathematics	Mathematics
PE	Chemistry	Languages	Computing	Art
		Geography	Music	

## 7H Homework Timetable

## Week A

Monday	Tuesday	Wednesday	Thursday	Friday
Mathematics	English (writing)	Physics	Mathematics	English (writing)
Languages	Chemistry	Chemistry	French	English (reading)
		Drama		

#### <u>Week B</u>

Monday	Tuesday	Wednesday	Thursday	Friday
English (writing)	Mathematics	Languages	English (reading)	Mathematics
German	Geography	Music	Geography	Biology
СТ	Art			RE

## 7E Homework Timetable

#### Week A

Monday	Tuesday	Wednesday	Thursday	Friday
Mathematics	English (writing)	Biology	English (reading)	Mathematics
Languages	Drama	Art	Physics	Computing
			Languages	

#### Week B

Monday	Tuesday	Wednesday	Thursday	Friday
History	Music	Mathematics	English (writing)	English (reading)
Chemistry	CCT	PE	Languages	Mathematics
RE	Languages		Geography	

#### 7S Homework Timetable

#### Week A

Monday	Tuesday	Wednesday	Thursday	Friday
Mathematics	English (reading)	English (reading)	Languages	Mathematics
PE	Biology	Art	Physics	Computing
			Geography	Languages

## <u>Week B</u>

Monday	Tuesday	Wednesday	Thursday	Friday
English (reading)	History	Mathematics	Mathematics	Drama
RE	Languages	CCT	English (writing)	Languages
		PE	Music	

#### Year 7 Curriculum Outline 2023/24

The table below provides an outline of which topics/modules are planned to be taught in each of the three terms across the year. The topics/modules may not be taught in the order listed but should be taught during the term outlined.

Subject	Autumn Term	Spring Term	Summer Term
Art and Design	<ul> <li>TOPIC: PORTRAITURE/ IDENTITY Including the 7 Elements of art: colour, form, line, shape, space, texture, and value.</li> <li>Key Skills: Elements in art painting/drawing /colour theory/ contextual understanding.</li> <li>line, tone, shape colour, form, texture.</li> <li>objective drawing</li> <li>human proportion and facial features</li> <li>colour theory and colour mixing</li> <li>media control</li> <li>critical/contextual understanding</li> <li>Fauvism, Expressionism, Orphism (Digital Portrait Challenge Task)</li> </ul>	<ul> <li>TOPIC: LANDSCAPE/ IMPRESSIONISM Key Skills: composition/mixed media/ digital photography Independent Learning Assignment (<i>Lower School Exam</i>)</li> <li>generating ideas through investigations informed by contextual and other sources</li> <li>examination preparation and development</li> <li>light and composition</li> <li>effective planning/scaling up</li> <li>atmospheric perspective/liner perspective</li> <li>photography/recording the effects of light (Photographic challenge task)</li> </ul>	<ul> <li>TOPIC: FIGURE(S) IN SPACE</li> <li>Key Skills: perspective/proportion/distortion, gesture. Construction techniques</li> <li>modelling/sculpture <ul> <li>proportion/distortion, movement and scale</li> <li>figure and gesture drawing/casting/sculpture</li> <li>thinking in the round</li> <li>critical reflection and analysis</li> <li>Giacometti, Kandinski</li> <li>constructing an armature/creating maquette</li> <li>Photography, light painting</li> </ul> </li> <li>(Sculpture challenge task)</li> </ul>
Biology	<ul> <li>Cells</li> <li>Tissues, organs, systems and organisms</li> <li>Reproduction</li> </ul>	<ul><li>Reproduction</li><li>Photosynthesis and food chains</li></ul>	<ul> <li>Photosynthesis and food chains (continued)</li> <li>Flowering plants</li> </ul>
Chemistry	<ul><li>Introduction to chemistry</li><li>Separating mixtures</li></ul>	<ul><li>Acids and alkalis</li><li>Gases</li></ul>	<ul><li>Exam Revision</li><li>Crystals</li></ul>
Computing	<ul> <li>Baseline assessment</li> <li>Introduction to computing</li> <li>Computing with the Raspberry Pi</li> <li>End of Unit test &amp; feedback</li> <li>Robot wars</li> </ul>	<ul> <li>Computational Thinking</li> <li>Data representation</li> <li>E-Safety / Cyber-Security (NCCE)</li> <li>Combined End of Unit test</li> <li>Murder at the Museum</li> </ul>	<ul> <li>Game Design with Scratch</li> <li>Year 7 Examination</li> <li>Edison Robotics</li> <li>Programming day</li> </ul>

Subject	Autumn Term	Spring Term	Summer Term
Creative and Critical Thinking	<ul> <li>Logical &amp; lateral thinking</li> <li>Argument writing</li> <li>Use of evidence in an argument</li> <li>Alternative explanations and their risks (conspiracy theories)</li> <li>Evaluating flaws and false appeals in arguments</li> <li>Evaluating assumptions in arguments, including necessary and sufficient conditions</li> </ul>	<ul> <li>Assessing credibility using CRAVEN</li> <li>Critical Thinking and Fake News</li> <li>Public Speaking and Debating skills</li> </ul>	<ul> <li>The justice system</li> <li>Magistrates Court Mock Trial</li> </ul>
Drama	<ul> <li>introduction to core skills:</li> <li>space</li> <li>form</li> <li>genre</li> <li>general performance skills</li> <li>'A Christmas Carol'</li> </ul>	<ul> <li>exploration through role play</li> <li>working within a group</li> <li>create and sustain a character</li> <li>development of skills and exploration of new ones</li> <li>lighting as a drama medium</li> <li>Working from a script</li> <li>10-15 minute performance utilising all the skills learnt and their journey</li> </ul>	<ul> <li>Shakespeare Unit working towards a public performance</li> </ul>
English	<ul> <li>Poetry Through Time - Studying a range of both pre and post 1914 poetry including from the Romantic period</li> <li>A Christmas Carol by Charles Dickens</li> </ul>	<ul> <li>Novel Study – novels studied include: <i>The Ruby in the Smoke</i> or <i>Northern</i> <i>Lights</i> by Philip Pullman, <i>The Hunger</i> <i>Games</i> by Suzanne Collins or <i>Noughts</i> <i>and Crosses</i> by Malorie Blackman Writing: Fiction – Studying writing across a variety of forms and genres     </li> </ul>	<ul> <li>History of English – A study of the history of English from its early origins to modern day.</li> <li>Reading Non-Fiction – Reading a variety of non-fiction texts and analysing the effect of the writers' methods</li> <li><i>A Midsummer Night's Dream</i> by William Shakespeare</li> </ul>
French (Allez 1) New Course	Introduction to basic vocabulary and grammar as well as skills for learning languages (Dictionary Skills)	<b>Unit 2- Ma vie active</b> Consolidation of Year 7 Course for End of Year Exam	Unit 3- Les couleurs du monde Vocabulary tests, Phonics Practice, Dictation, End of Topic Assessment Cultural Capital:
	Baseline Assessment Unit 1- Moi, et mes trucs à moi	Vocabulary tests, Phonics Practice, Dictation, End of Topic Assessment	<ul><li>Videos on Stream</li><li>Le Cinéma Francophone</li></ul>

Vocabulary tests, Phonics Practice,	Cultural Capital:	Tv5.org , Netflix and YouTube
Dictation, End of Topic Assessment	Videos on Stream	Language, Culture and Diversity
	La littérature Francophone	Week
Cultural Capital:	• Tv5.org , Netflix and YouTube	
Videos on Stream	Language, Culture and Diversity	
La musique Francophone	Week	
Tv5.org , Netflix and YouTube		
Language, Culture and Diversity Week		

Subject	Autumn Term	Spring Term	Summer Term
Geography	<ul> <li>What is Geography?</li> <li>Geographical Enquiry</li> <li>Types of geography</li> <li>Geography of the UK</li> <li>Physical landscapes of the UK</li> <li>Weather and climate</li> <li>Human geography of the UK</li> <li>Map projections and atlas skills</li> </ul>	<ul> <li>Fantastic Places</li> <li>Mt Everest and Cheddar Gorge</li> <li>Introduction to tectonic, geological, atmospheric and glacial processes</li> <li>Conflict &amp; tourism</li> <li>Management issues</li> <li>Extension unit - Exploring China &amp; Asia</li> </ul>	<ul> <li>A Complex World</li> <li>Geographical Concepts</li> <li>Geological Timescales</li> <li>Climate Change</li> <li>Globalisation</li> <li>Rise of the Super Powers (NEEs) and International Development</li> <li>Development &amp; urbanisation in the Middle East</li> <li>Extended evaluative writing</li> </ul>
German (Echt Deutsch 1)	<ul> <li>Unit 1 and 2</li> <li>Greetings and self-introductions</li> <li>Numbers</li> <li>Family and Friends</li> <li>Pets and animals</li> </ul>	Unit 3-4 <ul> <li>Sport and hobbies</li> <li>Music and TV shows</li> <li>School</li> <li>School environment</li> </ul>	Unit 5-6 • Food and drink • Ordering food • German writers Fairytales from the German-speaking world
Heathy Living	Healthy Living will be del	ivered through breakout sessions which will take <sub>l</sub>	place across the school year.

(classes on rotation)			
History	Origins of Democracy: How has power and	leadership developed?	
	<ul> <li>What is History? Baseline assessment. Establishment of Power: Democracy and voting rights today. Battle of Hastings</li> <li>Establishment of Power: Norman Conquest</li> </ul>	<ul> <li>Challenges by the People: Life in Medieval England and the Black Death</li> <li>Challenges by the People: The Peasants' Revolt</li> </ul>	<ul> <li>Challenges by the Church: King Henry II and Thomas Becket – clash with the church</li> <li>Challenge by the Nobility: King John – clash with barons</li> <li>Challenges by the Church part 2 (the Monarchy strikes back): King Henry VIII and the Break from Rome.</li> </ul>
Mathematic s KS3	<ul> <li>Baseline Test</li> <li>Number skills (Delta 1 Unit 2)</li> <li>Analysing and displaying data <ul> <li>(Delta 1 Unit 1)</li> </ul> </li> <li>Equations, functions and formulae (Delta 1 Unit 3)</li> <li>Fractions (Delta 1 Unit 4)</li> <li>Angles and shapes (Delta 1 Unit 5)</li> </ul>	<ul> <li>Decimals (Delta 1 Unit 6)</li> <li>Equations (Delta 1 Unit 7)</li> <li>Multiplicative reasoning (Delta 1 Unit 8)</li> <li>Perimeter, area and volume (Delta 1 volume 9)</li> </ul>	<ul> <li>Perimeter, area and volume (Delta 1 Unit 9)</li> <li>Sequences and Graphs (Delta 1 Unit 10)</li> <li>Start Delta 2 Units 1 to 3</li> </ul>
Subject	Autumn Term	Spring Term	Summer Term
Music	<ul> <li>Instruments of the Orchestra</li> <li>Exploring and identifying orchestral instruments and their family characteristics</li> <li>Reading staff notation and developing keyboard skills through playing Ode to Joy</li> <li>Listening and analysing using the musical elements, composers of Symphonic orchestral music</li> </ul>	<ul> <li>Folk Music and Pentatonic</li> <li>Composing using the pentatonic scale</li> <li>Understanding structure and basic harmonic accompaniment using the ukulele</li> <li>Exploring folk dance and oral tradition to learn and perform folk songs and sea shanties from the British Isles</li> </ul>	<ul> <li>The Blues and Jazz</li> <li>Exploring the history of Jazz and the Blues</li> <li>Listening, and analysing composers and performers of the Blues and their works</li> <li>Developing keyboard improvisation through authentic and stylish melodic, harmonic, and rhythmic structure</li> <li>Choral Competition</li> </ul>
Physics	<ul><li>energy</li><li>speed/distance and forces</li></ul>	<ul> <li>speed/distance and forces continued</li> <li>electricity</li> </ul>	the Solar system and beyond

<ul> <li>PSHCE</li> <li>Introduction to PSHCE</li> <li>Research Skills and or</li> <li>Fire Safety</li> <li>Bullying, peer pressure bullying</li> <li>Family, Friends and W</li> <li>PC1</li> <li>Creating Success</li> <li>Careers – library hunt skills?</li> </ul>	e and cyber- e and cyber- e ell-being ell-being end cyber- end cyb	<ul><li>Exam week</li><li>Exam review</li></ul>
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Religion &	Dharmic Religions	Taoic Religions	Americas Religion
Worldviews	Hinduism	Shenism	Hawaiian
	Sikhism	Chinese Folk Religion	Native American
	Buddhism	Daoism	Candomblé
	Jainism	Confucianism	Mexicayotl
		• Zen	Mormonism
	Inquiry:	Korean Shamanism	Rastafarianism
	Importance of Community.	Muism	
		Shinto	Importance of Ancestors.
		Inquiry:	
		Importance of Storytelling.	

Subject	Autumn Term	Spring Term	Summer Term
Spanish	Introduction to basic vocabulary and	Unit 3 – Mis pasatiempos	Unit 5 – En mi ciudad
(Claro 1)	grammar as well as skills for learning languages (using cognates)	Vocabulary tests, Phonics Practice, Dictation, End of Topic Assessment	Vocabulary tests, Phonics Practice, Dictation, End of Topic Assessment
	Unit 1- Me presento	Unit 4 – Mi casa	Unit 6 – Mi insti
	Vocabulary tests, Phonics Practice, Dictation, End of Topic Assessment	Vocabulary tests, Phonics Practice, Dictation, End of Topic Assessment	Vocabulary tests, Phonics Practice, Dictation, End of Topic Assessment
	<b>Unit 2- Mi burbuja</b> Vocabulary tests, Phonics Practice,		
	Dictation, End of Topic Assessment		

## Year 7 Core PE Programme of Study 2023-2024

	7COL 1	7COL 2	7COL 3	7HES 1	7HES 2	7HES 3
3 Weeks		Baseline Testing & Trials				
4 Weeks	Netball	Basketball	Table Tennis	Netball	Basketball	Table Tennis
			Half Term	1		
3 Weeks	Swimming	Football/ Rugby	Gym/ Dance	Swimming	Football/ Rugby	Gym/ Dance
4 Weeks	Gym/ Dance	Netball	Swimming	Gym/ Dance	Netball	Swimming
		Ch	aristmas Break			
3 weeks	Football	Gymnastics	Netball	Football	Gym/ Dance	Netball
3 Weeks*	Rugby	Table Tennis	Badminton	Rugby	Table Tennis	Badminton
Half Term						
2 Weeks	X-Country	X-Country	X-Country	X-Country	X-Country	X-Country
3 Weeks	Basketball	Swimming	OAA	Basketball	Swimming	OAA
			Easter			

2 Weeks	Athletics/ Rounders	Athletics/ Rounders	Cricket	Athletics/ Rounders	Athletics/ Rounders	Cricket
1 Week	Exams	Exams	Exams	Exams Exams	Exams	Exams
2 Weeks	Athletics/ Rounders	Athletics/ Rounders	Athletics/ Rounders	Athletics/ Rounders	Athletics/ Rounders	Athletics/ Rounders
Half Term						
3 Weeks	Athletics/ Rounders	Cricket	Athletics/Rounders	Athletics/ Rounders	Cricket	Athletics/Rounders
3 Weeks	Cricket	Athletics/ Rounders	Athletics/ Rounders	Cricket	Athletics/ Rounders	Athletics/ Rounders

## Please contact the Head of Department for subject specific queries

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