AS LEVEL PE - PROGRESS / TRACKING SHEET

FLUID MECHANICS

TARGET GRADE	
Current Working at Grade	

	Start of Unit			Interim Check			End of Unit		
TOPICS	R	A	G	R	A	G	R	A	G
You understand what is meant by dynamic fluid force and relate this to drag and lift									
You can explain the factors that reduce and increase drag in sport									
You can explain the Bernoulli principle in relation to an upward lift force for the discus throw and a downward lift force for speed skiers, cyclists and racing cars									