AS LEVEL PE - PROGRESS / TRACKING SHEET

# ANGULAR MOTION

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| **TARGET GRADE** | |
| **Current Working at Grade** | |

| | Start of Unit | | | Interim Check | | | End of Unit | | |
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| **TOPICS** | R | A | G | R | A | G | R | A | G |
| **You understand and can apply Newton's laws to angular motion** | | | | | | | | | |
| **You can define and give units for angular motion, angular acceleration, angular displacement and angular velocity** | | | | | | | | | |
| **You can explain how angular momentum can be conserved during flight using moment of inertia and its effect on angular velocity** | | | | | | | | | |