

Useful Reading & Media List

To build a strong foundation for the AQA Psychology topics, why not look into these relevant materials:

For Social Influence & Attachment

- **Book:** *Obedience to Authority* by Stanley Milgram. Essential background reading for AQA's mandatory social influence module.
- **Documentary/Film:** *The Stanford Prison Experiment* (available on various streaming sites) to see Zimbardo's study in action

For Psychopathology & Memory

- **Book:** *The Psychopath Test* by Jon Ronson. A fascinating dive into diagnosing mental disorders, tying directly to the AQA psychopathology section
- **Book:** *Forever Today* by Deborah Wearing. The real story of Clive Wearing, who has the worst case of amnesia ever recorded (a case study explicitly required for AQA Memory)

For Approaches & Biopsychology

- **Book:** *The Selfish Gene* by Richard Dawkins. Perfect prep for understanding evolutionary psychology and the biological approach.
- **Book:** *Brainstorm: The Power and Purpose of the Teenage Brain* by Dan Siegel. Great context for neural development in biopsychology.